

Dream Journal Diary Notebook For Your Dreams And Their Interpretations Dreamcatcher Cover Know Yourself Notebooks

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Comprehending as well as accord even more than additional will have the funds for each success. bordering to, the message as well as perception of this Dream Journal Diary Notebook For Your Dreams And Their Interpretations Dreamcatcher Cover Know Yourself Notebooks can be taken as well as picked to act.

Tree of Dreams Journal - Peter Pauper Press, Inc. 2017-06

"A woodland in full color is awesome as a forest fire . . . but a single tree is like a dancing tongue of flame to warm the heart." --Hal Borland. Let this brilliant journal ignite your creativity -- 192 lightly lined pages provide plenty of space for personal reflection, sketching, or jotting down favorite quotes or poems. Opaque acid-free archival paper takes pen or pencil beautifully. Touches of gold foil illuminate the cover image of an autumnal tree. Raised embossing lends dimensional detailing. Journal includes a satin ribbon marker with which to keep your place. Gilded-gold page edging is a classic touch. A larger size: 7-1/4 inches wide by 9 inches high. Bookbound, with complementary bronze endsheets.

Dream Journal: Diary / Notebook for Your Dreams and Their Interpretations - Keep Track Books 2017-02-21

Dreams are precious gifts. They are windows to your innermost self and through them you can learn more about your subconscious feelings, increase your self-awareness, access your creativity and be guided by your inner wisdom. This dream journal helps you record your dreams and guides you in interpreting their significance with the help of prompting questions and checkboxes. Size: 7" x 10" (17.8 x 25.4 cm) - plenty of

space to record your dreams and their interpretations Cover: perfect-bound paperback so the pages don't fall out Interior: - white paper - 124 pages - a spacious two-page spread for each dream: the first page is for recording the dream; the second page contains prompts and checkboxes that help you interpret your dream - space for 60 dreams - the pages are undated so you can write down your dreams any time More journals and notebooks by Keep Track Books: Keep Track Books brings you a variety of essential notebooks and journals - including dream journals with the same interior as this one, but with different cover designs. Please visit www.lusciousbooks.co.uk to find out more.

Dream Journal - Gobekind 2021-02-12

Dreams play an important part in our lives and can contain messages which are hidden and hard to interpret. If you are wondering why to even bother recalling a dream, well, dreams have been responsible for some major creative and scientific discoveries in human history. Keeping a dream diary will allow you to observe your subconscious! If you don't journal your dreams, you might never know what profound thoughts are happening while you are asleep, and what impact those thoughts might have on your waking life. Features: Good quality paper with a glossy

cover Thoughts before sleep Dream Name and description My Interpretation, Feelings upon awakening, Comments Size 8.5 x 11 inches 120 pages Buy it for yourself or as a gift!

Dreams and Wishes - Bee Keys 2019-07-02

This journal diary is perfect for all dreamers out there. Use it to map out plans, write your hopes and dreams, thoughts and ideas, bucket lists, places you wish to travel - the sky is the limit! Each page is lined for convenience. This makes a wonderful and thoughtful gift.

Dream Journal Notebook - Robson Crew 2019-03-23

Dream journal notebook is perfect to record your dreams. Inside (List of dreams, 104 pages to record dreams, each page is numbered). Inside dream page: Date Title Description

How to Keep a Dream Journal - Diana Rosen 2004-02-15

Gain insight into your deepest self as you explore the fascinating world of your dreams. This inspiring little book shows you how to keep a dream journal and interpret the meaning of your nighttime adventures.

Providing proven techniques for getting a good night's sleep, fostering positive dreams, and successfully recalling your dreams, Diana Rosen encourages you to develop an increased self-awareness and sense of purpose through recognizing the recurring themes of your subconscious journeys and understanding their significance.

Dreams And Balloons Have The Same Concept - Bradlee Campbell VB 2019-11-27

The perfect notebook! Use it as a diary, journal, notebook, makes a great gift! 6x9 inches, perfect size. Matte cover with no spiral. High quality cream paper.

Dream Life Manifestation Journal with Law of Attraction Crash Course - Sofia Valdez 2021-01-08

Write in this journal EVERY night and watch your manifestations come true. Before you know it, you'll be living your DREAM LIFE. It is based off the Law of Attraction, which states that you attract into your life whatever you focus on. The purpose of this journal is to teach you the fundamentals of the Law of Attraction and to help you raise your energy by making you focus on the positives in your life and everything you are

grateful for. Once you raise your vibration, manifesting will come easier to you This journal includes the following: 1) Instructions on what to write in this journal 2) A Law of Attraction/Manifestation Crash Course 3) A link to a complementary website with extra Law of Attraction/Manifestation resources 4) A link to YouTube playlists with extra Law of Attraction/Manifestation resources 5) Inspirational quotes 6) Affirmation examples for different topics 7) A progress tracker for your manifestations/overall well-being 8) 16 weeks worth of journal entries that will help you manifest everything you desire.

The Guided Dream Journal - Katherine Olivetti 2020-08-04

Tap into the wisdom of your dreams and apply their lessons to your life Dreams are an invaluable window into our lives. They can lead to a burst of creativity, shed light on a challenging relationship, or reveal a deeper understanding of a difficult situation. Your dreams often know you better than you know yourself. The Guided Dream Journal will help you learn how to keep a dream journal and work with your dreams. This engaging journal helps you record, explore, and reflect on the themes and symbols that appear in your nightly visions. From helping you remember a long-forgotten memory to solving a seemingly impossible problem, there are so many answers in our dreams that can help us understand our waking life--learn how to interpret them. The Guided Dream Journal includes: Dream variety--Learn about the different types of dreams like lucid, recurring, nightmares, and others, and discover how knowing the storyline, pattern, and genre of your dream can help you determine its deeper meaning. Dream escort--Supportive prompts show you how to pinpoint signs, track insights, and keep a record of your breakthroughs over time. In the know--Use the dream dictionary to better understand and interpret 100 of the most common symbols, settings, colors, animals, and more that show up in dreams. When you want to discover and understand the significance of your dreams, The Guided Dream Journal is your go-to resource.

Dream Journal - Dream Catcher Journals 2019-09-04

"Each night, when I go to sleep, I die. And the next morning, when I wake up, I am reborn." — Mahatma Gandhi Check out this Dream Journal

to write down and track your dreams right after you wake up to discover their true meaning. This dream journal will help you in the discovery of your inner and spiritual world by recording, analyzing, and interpreting your dreams. It is vitally important to record your dreams right after you wake up when memories are still fresh, and you can recreate your dream in your mind and write down to your dream journal. You can also record your thoughts, emotions, feelings both before and after the awakening. Features include: size 6 x 9 in (15.24 x 22.86 cm); 120 pages; glossy cover with graphic ornament; dreamcatcher or dream catcher theme cover (Native American culture item); white paper with lots of space to write; great gift for Christmas, New Year or birthday.

[Dream Journal](#) - Teddy Publications 2019-11-26

Use this awesome dream journal to log over 100 dreams and nightmares, with room to note your emotions, reflection and dream description. Log your sleep patterns and keep note of all your crazy, scary, happy and even sensual dreams you have. This journal makes a perfect gift for anyone who loves to journal, order yours now and journal your dreams and nightmares every single day! Click on the publisher name to see more of our awesome & creative journals, lined notebooks and notepads. Check back often because we load new designs frequently.

Liberty Guns Beer Trump Lgbt Notebook - Kilian Beckham 2019-09-27

This Notebook with 6 x 9 is especially made for your family and friends who hate people who loves to do ballet. Perfect for ballet themed lovers. This notebook will surely bring out the flexible side of you. LGBTQ Notebook, Planner, Journal, Diary, Planner, Gratitude, Writing, Travel, Goal, Bullet Notebook

Diary of a Dreamer: Notebook for Your Dreams and Their Interpretations

- *Dream Journal* - Tranquil Prints 2019-03-28

The perfect notebook to note down all those beautiful dreams of yours and get analysing them. Dream well :)

Dreamer's Journal - Caitlin Keegan 2019-04-09

The only guided journal of its kind, Dreamer's Journal is a vibrant, visual exploration of dream symbols that provides anyone with the resources to record and interpret their dreams. Filled with information about common

dream symbols and plenty of room for journalers to write and draw out their dreams, Dreamer's Journal is a timeless keepsake for those who want to analyze their dreams. Opening with a short introduction to the science of sleep and dreaming, the journal then features a list of prompts to think about as you record your dreams in the pages that follow. Complete with a dream dictionary organized by theme (think animals, places, occupations, etc.), this journal will be a go-to for anyone looking to find meaning in their dreams.

National Geographic Kids Dream Journal - Allan D. Peterkin

2019-05-21

Decode your own dreams and discover the fascinating science, history, and culture behind dreaming in this awesome write-in journal. Have you ever wondered where your dreams come from? Or why they're so hard to remember? Or how to make that monster in your nightmares a little bit more ... friendly? We've got answers to these musings and more! In this journal, you'll explore the mysteries of the unconscious mind from ancient Egypt to today. You'll learn how the ancient Greeks used dreams to answer their questions, how dreams inspired some of the most popular art in recent history, and how your brain works as it conjures up these amazing, imaginative, and often weird reveries. Plus, you'll find tips on how to get a good night's sleep, remember more about what you dream, and conjure lucid dreams. It's the perfect tool to help kids remember, record, and reflect on their nighttime adventures. Catching Z's has never been so much fun. With plenty of space for writing, lively text, and vibrant imagery, this journal is your go-to place to write, learn, and celebrate the powers of your fantastic, creative brain.

The Essential Dream Journal - Editors of Rock Point 2021-11-16

The Essential Dream Journal is a dream journal and dream interpretation guide together in a single beautiful volume.

[Dream Journal](#) - Night Dreams Journals 2018-08-18

This Dream Journal Notebook is Perfect for Men and Women Who Need Help With the Interpretation of Your Dreams. The front cover has a beautiful and unique theme on the front. 124 Pages/ 62 Sheets Notebook Size: 6x9" Two Guided Pages Per Day - The First Page to Write Your

Dream Title and Description; The Second Page Helps You To Analyze and Find Meaning from Your Dream Perfect Bound Softcover Notebook Beautiful Matte Finish on Cover There Are Many Benefits to Using A Dream Journal. You Can Use This To Help Find Meaning and Solutions in Your Life. You Can Use This To Help You Record Your Dreams. This Dream Journal Planner Will Also Help You to Better Understand Your Psychology. Make Sure You Buy One today!

[Dream Journal Notebook](#) - Book Press 2021-04-11

This dream journal enables you to record and track your dreams, write down your interpretations, and also your thoughts before sleeping, your emotions and feelings when you wake, and more. A perfect dream diary notebook for women, girls, men, boys, it is also a great gift idea for children and adults of any age. Dreams can result from our brain processing our current situation, an insight into our subconscious and a more acute awareness of our current state of mind, and even premonitions! Through getting into the habit of recording and tracking our dreams using a dream diary, we can more accurately remember and then interpret what our dreams mean as we start to understand them and ourselves better. Dream journaling on a regular basis can be hugely beneficial as a way to analyze our thoughts, emotions, and feelings, which can then be used to look for patterns in what we dream about and how they may relate to our current situation and the relationships with those around us. The main features of this dream journal notebook include: Prompts for each dream where you can track and record the date, your thoughts and emotions before sleep, the time you woke and the quality of sleep, details of the dream, the interpretation either from yourself, once you've looked it up or after a period of time and reflection, what type of dream you had, feelings upon awakening, and any further comments you need to add. The cover is a soft matte design of the night-time view of the sky with the moon and stars. A dream journal to write in, it can be used for note taking when you wake to try and remember as much of your dream as you can, journaling your thoughts and feelings about your dreams and their possible meanings, and getting into the habit of tracking your dreams and interpretations and any recurring

themes. This dream journal notebook is a great gift idea under \$10 / £10 for women, men, and kids to use as a logbook to remember and record the date and various details of each dream, analyze and have a full account to refer to in the future.

Dream Journal - Michael Green Press 2021-01-14

Dreams play an important part in our lives and can contain messages which are hidden and hard to interpret. If you are wondering why to even bother recalling a dream, well, dreams have been responsible for some major creative and scientific discoveries in human history. Keeping a dream diary will allow you to observe your sub-conscious! If you don't journal your dreams, you might never know what profound thoughts are happening while you are asleep, and what impact those thoughts might have on your waking life. Features: Good quality paper with glossy cover Thoughts before sleep Dream Name and description My Interpretation, Feelings upon awakening, Comments Size 8.5 x 11 inches 126 pages Buy it for yourself or as a gift!

Everybody Lies No Exceptions Notebook - Kilian Beckham 2019-10-07

This Notebook with 6 x 9 is especially made for your family and friends who hate people who always lie. Perfect for sarcasm themed lovers. This notebook will surely bring out the sarcastic side of you. Lies Notebook, Planner, Journal, Diary, Planner, Gratitude, Writing, Travel, Goal, Bullet Notebook

My Dream Journal - Lucy Tijan 2018-07-14

My Dreams Journal is the perfect diary to write you dreams. The size is 6" x 9" and is wonderful to keep next to your bed for quick writing. With 100 blank lined pages (50 sheets) you will have plenty of room to record your dreams for analysis and comparison. Our dreams can teach us a lot about ourselves and our deepest desires and fears. Start your dream journaling today! Makes a great gift for anyone wanting a dream keeper.

Dream Journal - Gobekind 2021-02-12

Dreams play an important part in our lives and can contain messages which are hidden and hard to interpret. If you are wondering why to even bother recalling a dream, well, dreams have been responsible for some major creative and scientific discoveries in human history. Keeping

a dream diary will allow you to observe your subconscious! If you don't journal your dreams, you might never know what profound thoughts are happening while you are asleep, and what impact those thoughts might have on your waking life. Features: Good quality paper with a glossy cover Thoughts before sleep Dream Name and description My Interpretation, Feelings upon awakening, Comments Size 8.5 x 11 inches 120 pages Buy it for yourself or as a gift!

The Book of My Dreams - BLACKIE BOOKS. 2018-10-04

Dream Tracker - Notebook/Journal Publishing 2019-12-24

This Dream Journal contains 100 pages for recording and interpreting your dreams. This book is perfect for anyone interested in "dreaming" and recording their "dreams" on a regular basis. By keeping a Dream Journal, you will discover and track themes and patterns over time, and by this experience, learn the principles and process involved in dreaming. But most importantly, you get an insight into your innermost concerns, fears, and longings. And for others, a discovery of a special talent in "dream interpretation", "prophecy" and "self-empowerment" Who This is your personal journey, so make sure to optimize the practice. Go ahead and record earlier dreams that you remember, one that has left an impact on you, or even one that has barely left a wispy image.

Always In My Dreams - JI Press 2019-10-17

Always In My Dreams: Dream Journal Notebook A Guided Diary For Keeping Track Of Your Dreams And Interpretations! This is a exploration journal designed to record your dream experiences, as well as your personal reflections and waking dream emotions. Each well designed daily sheet contains space to write your thoughts before sleep, emotion before sleep, interpretations and more. Do this daily to increase dream recall and can even help to prompt lucid dreams! College lined sheets for filling in various dream emotions and experiences Beautiful matted cover Premium quality Grab a copy for a family or a friend who loves dreaming as much as you!

A World Of My Own - Graham Greene 2011-04-20

Graham Greene was always deeply interested in the role played by the

subconscious in his writing, and the private world of his dreams was one that he nurtured carefully, recording it almost daily in his dream diaries. Selecting from these dream diaries, he prepared this small treasure for publication just before his death in 1991— a last gift from a great writer to delight and entertain his readers.

Dream Journal - Amy Newton 2020-09-06

This Dream Journal book is perfect for writing your dreams down and write their interpretations. Each page contains space to record: Dream Title, Date, Characters, Locations Describe What Happened In The Dream Emotions Experienced, Feelings/Sensations Sketch Your Dream Interpretation, Dream's Message & Importance Time Went To Bed, Where Slept, Mood At Bedtime Quality Of Sleep, Eaten Before Bed Nighttime Notes Page (Blank Lined, Ruled) Great to keep by your bedside you can write in, keep track and use daily. The notes pages you are free to write any gratitude goals, inspirational thoughts or get creative. Will also make a great gift. Size is 6x9 inches, 106 pages, soft matte finish cover, white paper, paperback.

My Dream Journal (a Dream Journal Diary) - Peter James 2016-07-13

This Dream Journal Notebook is perfect for recording all your dreams, your interpretation of their meanings and the significance that your dreams have in your life. Leave it at the side of your bed so you can record every fine detail. This is a paperback notebook measuring 8" x 10" so it's a great size for leaving at home or for putting in your bag to carry with you. The perfect gift for people who are interested in dream interpretation, analysis and meanings, order your Dream Journal Notebook today.

Dream Journal Notebook - Blank Books 'n' Journals 2016-01-10

This Dream Journal Notebook is perfect for recording all your dreams, your interpretation of their meanings and the significance that your dreams have in your life. Leave it at the side of your bed so you can record every fine detail. With room to record the dates, theme of the dream, details of the dream and the emotions the dream evoked, you will be able to track what dreams you are having and figure out why. This is a

paperback notebook measuring 6" x 9" so it's a great size for leaving at home or for putting in your bag to carry with you. The perfect gift for people who are interested in dream interpretation, analysis and meanings, order your Dream Journal Notebook today.

[Are You Dreaming?: Exploring Lucid Dreams: A Comprehensive Guide](#) - Daniel Love 2013-01-01

Learn how to lucid dream and discover the universe inside your mind! Astonishingly, there is around a 1 in 10 chance that you are dreaming at any given moment, including right now! Every night, you adventure inwards to a universe made from the very fabric of your being: your dreams. Dreaming accounts for around 11% of your daily experience and, amazingly, each year you will spend an entire month dreaming. What if you could 'wake up' to this mysterious world, to learn to consciously explore the inner depths of your mind? Such an experience is indeed possible, it is called 'Lucid Dreaming'. Wake up to nature's virtual reality—the world of lucid dreaming! Lucid dreaming is a scientifically verified and learnable skill by which you become aware that you are dreaming, whilst dreaming. Such knowledge imbues you with an almost unlimited control over your dreaming adventures. The power of lucid dreaming will also greatly enhance your waking life, opening new avenues of creativity, confidence, self-improvement, problem-solving, philosophical exploration and so much more. A universe of opportunity awaits you. Explore lucid dreaming and take control of your dreams In this deeply comprehensive and modern guide to lucid dreaming, expert lucid dreamer and oneirologist Daniel Love will aid you on your unique journey through the fascinating exploration of your mind. This book brings the subject of conscious dreaming fully up to date, including the latest discoveries, research, techniques and much more. It is the perfect guide to help you unlock the hidden potential of your dreams, catering for both beginners and advanced lucid dreamers alike. 'Are You Dreaming?' is a no-nonsense approach to this enthralling phenomenon and is simply one of the most thorough, accessible and in-depth contemporary guides to exploring and mastering lucid dreaming. Start your journey with the best-selling guide to lucid dreaming for beginners

and advanced dream explorers!

["The Future Belongs to Those who Believe in the Beauty of Their Dreams" Eleanor Roosevelt](#) - Notebook/Journal Publishing 2019-12-24 This Dream Journal contains 100 pages for recording and interpreting your dreams. This book is perfect for anyone interested in "dreaming" and recording their "dreams" on a regular basis. By keeping a Dream Journal, you will discover and track themes and patterns over time, and by this experience, learn the principles and process involved in dreaming. But most importantly, you get an insight into your innermost concerns, fears, and longings. And for others, a discovery of a special talent in "dream interpretation", "prophecy" and "self-empowerment" Who This is your personal journey, so make sure to optimize the practice. Go ahead and record earlier dreams that you remember, one that has left an impact on you, or even one that has barely left a wispy image.

Insomniac Dreams - Vladimir Nabokov 2019-11-19

First publication of an index-card diary in which Nabokov recorded sixty-four dreams and subsequent daytime episodes, allowing the reader a glimpse of his innermost life.

The Dream Interpretation Handbook - Karen Frazier 2019-10-22

No matter how weird or out there your dreams might be, you can learn to interpret their meanings. With The Dream Interpretation Handbook, you'll be able to access the mystery behind your wildest dreams and use what you discover to connect more deeply with yourself and make changes in your waking life.

[Follow Your Dreams They Know the Way \(Inspirational Journal, Diary, Notebook\)](#) - journal coloring journal coloring book 2017-06-20

A notebook, journal, Diary or large composition book. Include Coloring pages inside the book. This paperback notebook is 8.5" x 11" (letter size) and has 115 pages. The best gift for people who needs Motivation and Inspirational.

Journal with Purpose - Helen Colebrook 2019-11-26

Journal with Purpose is the ultimate reference for journaling, packed with over 1000 motifs that you can use to decorate and enhance your bullet or dot journal pages. Copy or trace direct from the page, or follow

one of the quick exercises to improve your skills. Featuring all the journal elements you could wish for – banners, arrows, dividers, scrolls, icons, borders and alphabets – this amazing value book will be a constant source of inspiration for journaling and an 'instant fix' for people who find the more artistic side of journaling a challenge.

My Dream Journal - Tony Crisp 2019-06-11

Record your dreams and discover the meaning behind them in this inspiring journal, which is full of helpful prompts and tips. Every person's dream life is completely unique. Dreams are the way in which your unconscious, instinctive self processes experiences, revitalizes you, and sends you powerful messages about your life. Understanding the important communications in dreams is the key to a successful life. My Dream Journal will allow you to read the story of your own dreams, make connections, see patterns, and interpret the secret meaning of your own dream world. Included are questionnaires and exercises to show you how to recall, understand, and maximize your dream power, and a directory revealing the meaning of the most common dream themes and images, as well as fill-in pages where you can record what you've dreamt.

Last Night: Dream Journal with 100+ Pages - Notebook and Diary to Record Your Dreams - Pink Clouds Moon Cover - Perfect Gift for Women, Girls, Men, Kids - Elisa Marie 2020-10-28

The perfect journal to document your dreams. Size: 5" x 8", softcover, with 100+ pages. Beautiful dream quotes sprinkled throughout the journal. Your dreams can be powerful sources of information from your subconscious. By keeping a dream journal, you'll start to see patterns and themes that your subconscious is wanting to show you. There are many benefits of recording your dreams: * relieves anxiety * helps with your memory * breaks creative blocks * helps practice lucid dreams. Perfect size for keeping on your bedside table and great for traveling!

[Secret Kingdom: My Dreams and Wishes Notebook](#) - Rosie Banks
2017-06-06

The Secret Kingdom is full of wonderful secrets. Now you can write and draw all your own thoughts and dreams in this beautiful book. Who are your best friends? What are your favorite things? What do you dream

about? Keep it all locked up safe in your own Secret Kingdom diary.

My Dream Diary Book - Best Notebooks 2019-06-28

Dreams are a wonderful gift... For centuries, people have wondered why we dream and what these dreams tell us. Now you have the opportunity to write down your dreams and their interpretations in this wonderful notebook! Perfect for every woman and every girl. 100 pages full of memories and dreams in one place. Get yours now! Specifications: Cover Finish: Matte Dimensions: 6" x 9" (15.24 x 22.86 cm) Interior: With Table Columns Inside, White Paper Pages: 100 Color: Simple Green

Dream Journal Notebook - Book Press 2021-05-29

This dream journal enables you to record and track your dreams, write down your interpretations, and also your thoughts before sleeping, your emotions and feelings when you wake, and more. A perfect dream diary notebook for women, girls, men, boys, it is also a great gift idea for children and adults of any age. Dreams can result from our brain processing our current situation, an insight into our subconscious and a more acute awareness of our current state of mind, and even premonitions! Through getting into the habit of recording and tracking our dreams using a dream diary, we can more accurately remember and then interpret what our dreams mean as we start to understand them and ourselves better. Dream journaling on a regular basis can be hugely beneficial as a way to analyze our thoughts, emotions, and feelings, which can then be used to look for patterns in what we dream about and how they may relate to our current situation and the relationships with those around us. The main features of this dream journal notebook include: This Dream Journal Belongs To page, which can be personalized if giving as a gift Prompts for each dream where you can track and record the date, your thoughts and emotions before sleep, the time you woke and the quality of sleep, details of the dream, the interpretation either from yourself, once you've looked it up or after a period of time and reflection, what type of dream you had, feelings upon awakening, and any further comments you need to add. Matte hardcover with a celestial design of the night-time sky with the moon and stars (a softcover version is available via the buying options above). A dream

journal to write in, it can be used for note taking when you wake to try and remember as much of your dream as you can, journaling your thoughts and feelings about your dreams and their possible meanings, and getting into the habit of tracking your dreams and interpretations and any recurring themes. This dream journal notebook is a great gift

idea for women, men, and kids to use as a logbook to remember and record the date and various details of each dream, analyze and have a full account to refer to in the future. Find more journals, notebooks and planners by Book Utopia Press at the author name link under the title at the top of this page.