

King Warrior Magician Lover Rediscovering The Archetypes Of The Mature Masculine

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The Will to Change - bell hooks 2004-01-06
Everyone needs to love and be loved—even men. But to know love, men must be able to look at the ways that patriarchal culture keeps them from knowing themselves, from being in touch with their feelings, from loving. In *The Will to Change*, bell hooks gets to the heart of the matter and shows men how to express the emotions that are a fundamental part of who they are—whatever their age, marital status, ethnicity, or sexual orientation. But toxic masculinity punishes those fundamental emotions, and it's so deeply ingrained in our society that it's hard for men to not comply—but hooks wants to help change that. With trademark candor and fierce intelligence, hooks addresses the most common concerns of men, such as fear of intimacy and loss of their patriarchal place in society, in new and challenging ways. She believes men can find the way to spiritual unity by getting back in touch with the emotionally open part of themselves—and lay claim to the rich and rewarding inner lives that have historically been the exclusive province of women. A brave and astonishing work, *The Will to Change* is designed to help men reclaim the best part of themselves.

He - Robert A. Johnson 2009-07-21
“Entertaining, informative, thought-provoking, mysterious, poetic. Men who read it will surely learn much about themselves, and

women—particularly those who are unfortunately misled into thinking of men as “the enemy”—will find it a real eye-opener.”—Ruth Tiffany Barnhouse, M.D., Th.M., Harvard University
Robert A. Johnson's classic work exploring the differences between man and woman, female and male—newly reissued. What does it really mean to be a man? What are some of the landmarks along the road to mature masculinity? And what of the feminine components of a man's personality? Women have developed, over the centuries, considerable expertise in the technique of adapting to men, and for good reason, but that is not the same as truly understanding them. The transition from male childhood to real manhood is a complicated struggle, and explored in this book. As timely today as when it was first published, He provides a fascinating look into male identity and how female dynamics influence men.

The Magician Within - Robert L. Moore 1993
Exploring the spiritual side of the male psyche, the authors present their special program for assisting men in the move from boyhood to manhood. By the authors of *The King Within*. 25,000 first printing.

The Archetype of Initiation - Robert L. Moore 2001

This book urges contemporary healers to utilize premodern tribal principles of sacred space and ritual process long considered lost or inaccessible to modern culture. Properly

prepared "ritual elders" can guide people through ritual steps from (a) the challenge of a life-crisis, into (b) sacred space and time for needed reorganization, and then into (c) a newly transformed personal and social world. These steps derive from key concepts in the scholarship of Arnold van Gennep, Mircea Eliade, Joseph Campbell, and Victor Turner, reformulated with new insights from extensive field research and psychoanalytic practice. "Here Robert Moore's deeply penetrating mind awakens us to the urgency of what time it is' time to reclaim the sense of sacred space in our secularized culture, time to grow a mature ritual leadership that can hold and steward that space, time to restore the processes of a comprehensive initiation into wholeness which alone can re-create a habitable world for humanity." Don Jones, Past International Chairman, The ManKind Project "These materials articulate my conviction that our species has evolved to the point where we either must continue to provide conscious, creative, and responsible rituals of life that serve the maturation and healing of all its people, or face the alternative of unconscious and destructive participation in rituals of personal, social, and global death." Author's Preface

A Circle of Men - Bill Kauth 1992-04-15

What is the men's movement? Hundreds of thousands of men all across North America are forming councils, lodges, and participating in "wild man weekends," inspired by the mythopoetic writings and personal testimonies of such authors as Robert Bly, Sam Keen, and John Lee. What do you need to be part of it? Robert Bly's practical advice to his gatherings of men is to go home and form small groups. This book, fifteen years in the making and written by one of the prominent forces in the men's movement, is the original handbook for forming and guiding these small support circles. Here's what this book gives you: This step-by-step manual grows out of Bill Kauth's two decades of experience with over 125 support groups. It will help the organizer or leader to start a group, find new members, solve group problems, and create rituals and activities that promote honesty, self-disclosure, and fun.

The Code of the Warrior - Shannon E. French 2005

Why do warriors fight? What is worth dying for? How should a warrior define words like "nobility," "honor," "courage," or "sacrifice"? What are the duties and obligations of a warrior, and to whom are they owed? What should bring a warrior honor or shame? These and other questions are considered in Shannon French's *The Code of the Warrior*, a book that explores eight warrior codes from around the globe, spanning such traditions as the Homeric, Roman, and Samurai cultures, through to the present day-culminating in a thoughtful analysis of a timely question: Are terrorists warriors? *The Collected Works of C.G. Jung* - C. G. Jung 2014-03-01

For the first time, *The Collected Works of C. G. Jung* is now available in a complete digital edition that is full-text searchable. The Complete Digital Edition includes Vols. 1-18 and Vol. 19, the General Bibliography of C. G. Jung's Writings. (Vol. 20, the General Index to the Collected Works, is not included.) Volumes 1-18 of *The Collected Works* are available for individual purchase and are also full-text searchable at <http://press.princeton.edu/catalogs/series/bscwj.html> [The Collected Works of C.G. Jung]. The Collected Works of C. G. Jung forms one of the basic texts of twentieth-century thought: at once foundational for depth psychology and pivotal for intellectual, cultural, and religious history. The writings presented here, spanning five decades, embody Jung's attempt to establish an interdisciplinary science of analytical psychology, and apply its insights to the fields of psychiatry, criminology, psychotherapy, psychoanalysis, personality psychology, anthropology, physics, biology, education, the arts and literature, the history of the mind and its symbols, comparative religion, alchemy, and contemporary culture and politics, among others: each in turn has been decisively marked by his thought. Of timely and ongoing relevance to the understanding of these fields, Jung's writings are at the same time essential reading for any understanding of the making of the modern mind.

Frabato the Magician - Franz Bardon 1995-12
Written in the form of a novel, *Frabato* is the spiritual autobiography of Franz Bardon. Set in Dresden in the early 1930's it chronicles

Frabato's magical battles with the members of a powerful and dangerous black lodge. His escape from Germany during the final desperate days of the Weimar Republic and the beginning of his spiritual mission culminating with his classic books on Hermetic magic. More than an occult novel, *Frabato the Magician* is itself a work of magic which illuminates Bardon's other books as well as providing a revealing look into the dark occult forces which lay behind the rise of the Third Reich. Threaded throughout the true tale, and written between the lines, are many valuable and practical esoteric lessons.

The Warrior Within - Robert L. Moore 1992
Explores the aggressive energy of the male psyche's inner Warrior.

Fire in the Belly - Sam Keen 2010-06-16

"Sam Keen is one of the most creative, profound thinkers of our time. I personally have learned and benefited immensely from his books. He brings to the men's movement a new kind of practical wisdom that should help both men and women."—John Bradshaw, author of *Homecoming*
How does one become a "real man"? By joining a fraternity? Getting a letter in football? Conquering a lot of women? Making a lot of money? With traditional notions of manhood under attack, today's men (and women) are looking for a new vision of masculinity. In this groundbreaking book, Sam Keen offers an inspiring guide for men seeking new personal ideals of strength, potency, and warrior-ship in their lives. What does it really mean to be a man? *Fire in the Belly* answers that question by daringly confronting outdated models that impoverish, injure, and alienate men. It shows instead how men can find their own path to understanding the unique mysteries of being male and in the process rediscover a new vitality and virility that will energize every aspect of their lives. Here is a look at men at work, at play, at war, and in love, moving from brokenness to wholeness and building nurturing, satisfying relationships with one another, their mates, and their families. At no time in history have there been so many men looking for new roles, new attitudes, and new ways of being. In this powerful and empowering book, author Sam Keen retells for modern times the ancient story of the search for what it means to be a man—a man with fire in his belly and passion in his

heart. "This book taught me things i didn't know, thawed out some feelings that had been frozen, and made me remember things I thought I wanted to forget. The growing men's movement has added a voice and a book that captures the problems of being male and the promises of manhood achieved. I didn't want it to end."—John Lee, author of *The Flying Boy*
Iron John - Robert Bly 2020

"In this timeless and deeply learned classic, poet and translator Robert Bly offers nothing less than a new vision of what it means to be a man. Bly's vision is based on his ongoing work with men, as well as on reflections on his own life. He addresses the devastating effects of remote fathers and mourns the disappearance of male initiation rites in our culture. Finding rich meaning in ancient stories and legends, Bly uses the Grimm fairy tale "Iron John"—in which a mentor or "Wild Man" guides a young man through eight stages of male growth—to remind us of ways of knowing long forgotten, images of deep and vigorous masculinity centered in feeling and protective of the young. At once down-to-earth and elevated, combining the grandeur of myth with the practical and often painful lessons of our own histories, *Iron John* is an astonishing work that will continue to guide and inspire men-and women-for years to come"—

Sacred Paths for Modern Men - Dagonet Dewr 2007

Roar Rule Laugh Create Destroy Love ...And lay claim to your true masculine nature and spiritual heritage. According to Dagonet Dewr, a writer and activist in the men's pagan spirituality movement: "We have forgotten how to cry, to scream, to hunt, to love, to honor, to teach, to initiate." Hip, funny, and direct, this pagan belief guide explores twelve powerful male archetypes and their relevance for men today: Divine Child, Lover, Warrior, Trickster, Green Man, Guide, Craftsman, Magician, Destroyer, King, Healer, and Sacrificed One. Stories of characters from mythology, fantasy, and pop culture illustrate different expressions of masculine energy. With pagan rituals and magickal workings, this pagan book offers a visceral, hands-on way to connect with archetypal energies and honor male rites of passage such as coming of age, seeking a partner in love, or becoming a father.

Backbone - David H. Wagner 2016-10-18

A practical, step-by-step guide to help men know themselves deeply, root out weaknesses, enhance strengths, and upgrade their experience of life. So many self-help books encourage men to get in touch with their feminine side if they truly want to embrace change. This book blows this theory out of the water, enabling men to transform themselves entirely—to find their mission; to live a life of strength, wisdom, and honor—while working with their positive masculinity instead of against it. Straight talking, down-to-earth, and humorous life coach David Wagner addresses the challenges that modern men typically face. He asks the reader to join him in a series of profound self-examination exercises and questions covering life purpose, male identity, spirituality, self-limitation, sexuality, relationships, fatherhood, and more. Every chapter offers practical advice and also includes observations and examples from David's own life as well as insights gained from the many clients and men's groups he has worked with over the years. Combining no-nonsense wisdom with brutally honest exercises, *Backbone* is the ultimate man's handbook to understanding himself, his purpose, his passion, and his power. *The Warrior Mullah* - R. W. Beachey 1990

The Magician's Workbook - Steve Savedow 1996-01-15

For beginning students, this is an efficient working manual that provides a complete program leading to self-initiation. Includes details for performing four banishing rituals, four planetary invocations, a daily Eucharist ritual, a self-initiation ritual, plus a series of rituals for constructing and charging talismans, and much more. Index.

King, Warrior, Magician, Lover - Robert Moore 2013-10-01

The bestselling, widely heralded, Jungian introduction to the psychological foundation of a mature, authentic, and revitalized masculinity. Redefining age-old concepts of masculinity, Jungian analysts Robert Moore and Douglas Gillette make the argument that mature masculinity is not abusive or domineering, but generative, creative, and empowering of the self and others. Moore and Gillette clearly define the four mature male archetypes that stand out

through myth and literature across history: the king (the energy of just and creative ordering), the warrior (the energy of aggressive but nonviolent action), the magician (the energy of initiation and transformation), and the lover (the energy that connects one to others and the world), as well as the four immature patterns that interfere with masculine potential (divine child, oedipal child, trickster and hero). *King, Warrior, Magician, Lover* is an exploratory journey that will help men and women reimagine and deepen their understanding of the masculine psyche.

Facing the Dragon - Robert L. Moore 2003
Jungian analyst Moore (psychoanalysis, culture, and spirituality; Chicago Theological Seminary) argues that people are vulnerable as never before to having their psyches invaded and possessed by archetypal energies of great power. The antidote, he says, is increasing spiritual and psychological awareness, and a respectful acceptance of the dragon w *The Way of the Conscious Warrior* - P. T. Mistlberger 2019-09-27

The early 21st century is a complex time presenting unique challenges for men. This book examines many of those challenges, from dysfunctional relationships and confusion about what it means to be 'male' in the postmodern world, to understanding the dark side of the masculine psyche, as well as how to apply the best qualities of 'warrior consciousness' to experience overall success and fulfillment in life. *King, Warrior, Magician, Lover* - Robert L. Moore 1990

Arguing that mature masculinity is not abusive or domineering, but generative, creative, and empowering of the self and others, Moore and Gillette provide a Jungian introduction to the psychological foundations of a mature, authentic, and revitalized masculinity.

The Magicians of the Golden Dawn - Ellic Howe 1985

The King Within - Robert L. Moore 1993

Swoon: Great Seducers and Why Women Love Them - Betsy Prioleau 2013-02-04

Casanovas: where are those great romancers of women? In *Swoon*, Betsy Prioleau gives us a smart, entertaining study of ladies' men,

demystifying their character, seductive secrets, and killer charm. Combining history, science, culture, and colorful contemporary research, Prioleau gives us a portrait of the successful seducer that explodes every stereotype and shatters every cliché. Instead of a satanic rake, slick player, or rich, handsome powerbroker, he's an unlikely, often homely Romeo who cares about women and understands what they want. Through analyses of history's legendary lovers and interviews with today's heartthrobs, Prioleau uncovers the surprising seductive secrets that really rock female hearts, from unfeigned ardor to conversational flair. In doing so, she destroys the pick-up artists' advice of such books as *The Game*. Finally, Prioleau critiques the twenty-first-century sexual malaise, especially women's record discontent with men, and argues that it's high time to retrieve and celebrate the great seducer.

King, Warrior, Magician, Lover - Robert Moore
1991-08-16

THE BESTSELLING, WIDELY HERALDED, JUNGIAN INTRODUCTION TO THE PSYCHOLOGICAL FOUNDATION OF A MATURE, AUTHENTIC, AND REVITALIZED MASCULINITY. "The author take on the difficult task of separating man from boy by excavating 'psychological facts' from

The Lover Within - Robert L. Moore 1993

Shows men how to experience their amorous urges without feeling overwhelmed or emasculated by them

Awakening the Heroes Within - Carol S. Pearson
2012-07-31

"The heroic quest is about saying 'yes' to yourself and in so doing, becoming more fully alive and more effective in the world. . . . The quest is replete with dangers and pitfalls, but it offers great rewards: the capacity to be successful in the world, knowledge of the mysteries of the human soul, and the opportunity to find and express your unique gifts in the world." In this bold and original work, Carol S. Pearson shows that the heroic quest isn't just for certain people under special circumstances. Exploring the many heroic paths available to each of us, at every point in our lives, her innovative program enables us to live heroically by activating and applying twelve archetypes in our lives. This companion to the

bestselling *The Hero Within* outlines twelve archetypal patterns that can aid inner development and the quest for wholeness. These archetypes are inner guides that can help us prepare for the journey, by learning how to become successful members of society; embark upon the quest, by becoming initiated into the mysteries of the human soul; and return to transform our lives as a result of claiming our uniqueness and personal power. Writing for individuals seeking to realize their full potential and professionals engaged in empowering others, Pearson shows how journeys differ by the age, gender, and cultural background of the seeker, and how archetypes help awaken the capacities of our psyches. A unique diagnostic test, the Heroic Myth Index, and exercise are included to help us understand and awaken our inner guides.

A Time to Die - Robert Moore 2007-12-18

NOW A MAJOR MOTION PICTURE A riveting, brilliantly researched account of the deadliest submarine disaster in history and its devastating human cost. On a quiet Saturday morning in August 2000, two explosions--one so massive it was detected by seismologists around the world--shot through the shallow Arctic waters of the Barents Sea. Russia's prized submarine, the *Kursk*, began her fatal plunge to the ocean floor. Award-winning journalist Robert Moore presents a riveting, brilliantly researched account of the deadliest submarine disaster in history. Journey down into the heart of the *Kursk* to witness the last hours of the twenty-three young men who survived the initial blasts. Visit the highly restricted Arctic submarine base to which Moore obtained secret admission, where the families of the crew clamored for news of their loved ones. Drawing on exclusive access to top Russian military figures and the *Kursk*'s highly restricted Arctic submarine base, Moore tells the inside story of the *Kursk* disaster with factual depth and the compelling moment-by-moment tension of a thriller.

The Hero Within - Carol S. Pearson 1998-07

Drawing from literature, anthropology, and psychology, author Carol S. Pearson clearly defines six heroic archetypes--the Innocent, the Orphan, the Wanderer, the Warrior, the Altruist, and the Magician--and shows how we can use these powerful guides

She - Robert A. Johnson 2009-07-21

Robert A. Johnson's groundbreaking, brilliant, and insightful work on how women transition into being mature and developing their own identity—newly reissued. What does it mean to be a woman? What is the pathway to mature femininity? And what of the masculine components of a woman's personality? Many scholars and writers have long considered that the ancient myth of Amor and Psyche is really the story of a woman's task of becoming whole, complete, and individuated. Here, examining this ancient story in depth and lighting up the details, Robert A. Johnson has produced an arresting and perceptive exploration of what it means to become a woman. You will not read these pages without understanding the important women in your life and a good deal about yourself as a woman. More important than ever before, *She* offers a compelling study of women.

The Magician and the Analyst - Robert L. Moore 2002

The Nuclear Age - Tim O'Brien 2013-03-13

Going After Cacciato (winner of the National Book Award in 1979) was widely acclaimed as one of the most powerful and emotionally vivid novels about Vietnam. Now, writing with the same sharp, richly expressive language, the same edgy dark humor and complete honesty, and the same rawness of nerve and energy, Tim O'Brien gives us an equally powerful novel about growing up as a child of anxiety—the big anxiety, the one that's been with us since the fifties, when we finally realized that Einstein's theories translated into Russian. It's 1995 and William Cowling is digging a hole in his backyard. He is forty-nine, and after years and years of pent-up terror he has finally found the courage of a fighting man. And so a hole. A hole that he hopes will one day be large enough to swallow up his almost fifty years' worth of fear. A hole that causes his twelve-year-old daughter to call him a "nutto," and his wife to stop speaking to him. A hole that William will not stop digging and out of which rise scenes of his past to play themselves out in his memory. The scenes take him back to his quietly peculiar adolescence (No. 2 pencils had a surprising significance), to his college days, down into the

underground, and up through several stabs at "normal" adulthood . . . they take him from Montana to Florida, from Cuba to California, from Kansas to New York to Germany and back to Montana as he makes his way through an often mystifying—but just as often hilarious—labyrinth of fears and desires, obsessions and obligations, blessed madness and less-than-blessed sobriety . . . they take him into the lives of a shrink who's a whiz, a role reversal and of a dizzying eccentric cheerleader; of radical misfits and misfit radicals; of an ethereal stewardess (the traveling man's dream); and two guerilla commandos who mix shtick and nightmare in their tactical brew. And each scene is a reminder of the unbargained-for-terror that has guided him to the bottom of his hole. For this digging is his final act of "prudence and sanity"—he's taking control, getting there first, robbing his fears of their power to destroy . . . or so he believes. But is this act really sane? Is his daughter's estimation of his emotional well-being ("pretty buggo, too") the only truly sane statement being made? Is sanity even the issue? In the dazzling final scenes, William turns from the hole—from his past and from his future to himself, digging deeper and deeper to find his answers. *The Nuclear Age* is pyrotechnically funny and moving, courageous and irreverent. It takes on our supreme unacknowledged terror (whose reality we both refuse to accept and all too easily accommodate ourselves to), finds its lunatic core, and shapes it into a story that speaks of, and to, an entire age: our own, our nuclear age. It is an extraordinary novel.

Four Archetypes - C. G. Jung 2010-11-14

Reprint. Originally published: 1959; 1st Princeton/Bollingen pbk. ed. published: 1970.
Return of the Divine Feminine, Rise of the Divine Masculine - Duann Kier 2020-02-11

"Return of the Divine Feminine, Rise of the Divine Masculine" explores the spiritual concept of duality and its influence in our everyday lives, down to the way we perceive each other and ultimately ourselves. In this book, the author delves deep into the psyches of men regarding their personal experiences and perspectives towards both the Divine Feminine and the Divine Masculine within themselves. Bringing focus on how society is impacted daily by a limited "either/or" thinking, this book emphasizes how

we are all affected on a global level by neglecting the personal aspects of our own Divine Femininity and Divine Masculinity. The men featured in this book explore the religious manifestation and image of a male God, shining light on the fragments that remain without the union and prominent concept of a Divine Feminine figure. Thus, the human male can only fully express his Divine Masculine after he has awakened his Divine Feminine counterpart.

Jungian Archetypes - Robin Robertson

2016-06-28

Twenty-five hundred years ago, Pythagoras taught that the simple counting numbers are the basic building blocks of reality. A century and a half later, Plato argued that the world we live in is but a poor copy of the world of ideas. Neither realized that their numbers and ideas might also be the most basic components of the human psych: archetypes. This book traces the modern evolution of this idea from the Renaissance to the 20th century, leading up to the archetypal hypothesis of psychologist C. G. Jung, and the mirroring of mathematical ideas of Kurt Gödel.

Archetypal Dimensions of the Psyche - Marie-Louise von Franz 1999-02-16

The chief disciple of C. G. Jung, analyst Marie-Louise von Franz uses her vast knowledge of the world of myths, fairy tales, visions, and dreams to examine expressions of the universal symbol of the Anthropos, or Cosmic Man—a universal archetype that embodies humanity's personal as well as collective identity. She shows that the meaning of life—the realization of our fullest human potential, which Jung called individuation—can only be found through a greater differentiation of consciousness by virtue of archetypes, and that ultimately our future depends on relationships, whether between the sexes or among nations, races, religions, and political factions.

It's A Guy Thing - David Deida 1997-05

Explains some of the behavioral traits of men in relationships, such as why men prefer reading the paper to an intimate discussion, and why they don't like aggressive women

Warrior, Magician, Lover, King - Rod Boothroyd

2018-10-08

This exciting new book describes the male archetypes of Warrior, Magician, Lover and King in a way designed for a 21st century audience.

The author explains the characteristics of each archetype in its balanced form, as well as the inflated and deflated forms which can result from the emotional wounding we experience during childhood. If you've ever had difficulty understanding why you behave in the way you do, this book will provide you with clear answers. The book will also be a revelation for you if you feel like you have less control over your thoughts, feelings and emotions than you would like. The author starts by explaining the nature of the archetypes, what they are, and how they would develop in an ideal upbringing. Of course, none of us have a totally ideal upbringing; we're all emotionally wounded to some degree. These wounds continue to play out in our adult relationships, often in a way which seems like a complete mystery. The author explains how our personalities develop as we grow up and pass through childhood. He shows how we are affected, for better or worse, by the behavior of the people around us during childhood. He also explains the consequences of more profound childhood problems such as lack of love, praise or affection, and more severe neglect. All of this adds up to a route map which will help you understand exactly why you sometimes find life challenging and difficult as an adult. Of course, this is only part of the story - but it is an essential one, because before any emotional healing or personal development work can take place, we have to understand what went wrong in the first place. The author shows us how, as adults, we have many options open to us which we can use to restore our natural personality to its full magnificence. This kind of emotional healing work requires some courage, but the author shows us where we can find the people and places who can safely guide us as we take "the road less traveled": the path we need to follow to become who we were always meant to be, before the world got in the way. A modern book, a book for the 21st century, this is a work that will inspire, excite and inform, as well as provide you with many of the answers you seek. Even if you don't want to embark on a journey of self-development with the help of professional facilitators, you'll find the book invaluable as you discover each archetype can express itself in its finest form, fully balanced and emotionally whole once more. Although this is billed as a

book for men, most of what is written here is really relevant for women as well - because women too have the same basic archetypes as men. This book comes highly recommended. In case you're wondering, it's a lot more accessible than the much older book on male archetypes by Robert Moore and Douglas Gillette, simply because it contains none of the abstract mythology on which they focused in so much detail. This is a practical, down to earth, and instantly usable manual for good emotional health. It is a book designed both for our times and for our current challenges.

The Archetypal Cosmos - Keiron Le Grice 2010

In a compelling synthesis of the ideas of seminal thinkers from depth psychology and new paradigm science, Le Grice positions the new discipline of archetypal astrology at the centre of an emerging world view that reunifies psyche and cosmos, spirituality and science, mythology and metaphysics, enabling us to see mythic gods, heroes and themes in a fresh light. --

Hero Within - Rev. & Expanded Ed. - Carol S. Pearson 1998-07-08

THE HERO WITHIN In 'The Hero with a Thousand Faces', Joseph Campbell introduced readers to the significance of myth and archetype in understanding who we are and how we live our lives. Carol Pearson's best-selling 'The Hero Within' combines liter

Owning Your Own Shadow - Robert A. Johnson 2013-02-26

Understand the dark side of your psyche—a Jungian approach to transformative self-acceptance. We all have shadows—the unlit part of our ego that is hidden and never goes away, but merely—and often painfully—turns up in

unexpected places. This powerful work from the acclaimed Jungian analyst and bestselling author of *Inner Work* and *We* explores our need to “own” our own shadow: learn what it is, how it originates, and how it impacts our daily lives. It is only when we accept and honor the shadow within us that we can channel its energy in a positive way and find balance.

The Hidden Spirituality of Men - Matthew Fox 2010-09-24

It is no secret that men are in trouble today. From war to ecological collapse, most of the world's critical problems stem from a distorted masculinity out of control. Yet our culture rewards the very dysfunctions responsible for those problems. To Matthew Fox, our crucial task is to open our minds to a deeper understanding of the healthy masculine than we receive from our media, culture, and religions. Popular religion forces the punitive imagery of fundamentalism on us, pushing most men away from their natural yearning for spirituality and toward intolerance and domination. Meanwhile, many men, particularly young men, are looking for images of healthy masculinity to emulate and finding nothing. To awaken what Fox calls “the sacred masculine,” he unearths ten metaphors, or archetypes, ranging from the Green Man, an ancient pagan symbol of our fundamental relationship with nature, to the Grandfatherly Heart to the Spiritual Warrior. He explores archetypes of sacred marriage, showing how partnership becomes the ultimate expression of healthy masculinity. By stirring our natural yearning for healthy spirituality, Fox argues, these timeless archetypes can inspire men to pursue their higher calling to reinvent the world.