

# A Short Introduction To Understanding And Supporting Children And Young People Who Self Harm JKP Short Introductions

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## **A Short Introduction to Understanding and Supporting Children and Young People Who Self-Harm** - Carol Fitzpatrick 2012

Self-harm and suicidal behaviors are increasingly common in young people, but are often hidden. A Short Introduction to Helping Children and Young People Who Self-Harm aims to show parents, caregivers and professionals how they can support young people through these difficult times, as well as how to find specialist professional help. The author uses an easy-to-read, jargon free and positive approach to tackle the stigma attached to self-harm and suicidal behavior. This book combines case studies with professional advice to help the reader take the first steps towards helping the young person in need. It advises on how to distinguish between normal adolescent behavior and the signs of mental health problems, while showing how an adult can sensitively communicate with a teenager about the difficult subject. The book also emphasizes the importance of parents and caregivers seeking support for themselves. This book will be an invaluable resource for parents, teachers, youth workers, and others who care for a young person

showing signs of self-harm or suicidal behavior. *Understanding and Using Theory in Social Work* - Juliette Oko 2012-06-28

Written in an accessible style, this title introduces theory as an explanatory framework that is drawn upon by the social worker to inform their decision-making process, by helping to 'make sense' of what is going on.

**A short and plain instruction for the better understanding of the Lord's Supper, etc** - Thomas Wilson 1869

**Understanding Disorganized Attachment** - David Shemmings 2011

Disorganized attachment, the most extreme form of insecure attachment, can develop in a child when the person who is meant to protect them becomes a source of danger. This book provides a comprehensive text on disorganized attachment.

**A Key to Helmont. Or, a short introduction to the better understanding of the theory and method of the most profound chymical physicians** - William BACON (Astrologer.) 1682

**Tool-Supported Innovation Management in**

## **Service Ecosystems** - Christoph Riedl

2011-07-14

Christoph Riedl elaborates conceptual solutions and tool support for networked environments. The author draws on the fields of new service development and open innovation, in particular building on online communities. Based on the design science paradigm, the author offers guidelines how tool support for online innovation communities can be developed.

### [A Short Introduction to Understanding and Supporting Children with Eating Disorders](#) -

Bryan Lask 2016-04-21

Increasing numbers of children and young people are presenting for treatment of an eating disorder, but there are many different types and they are often confused, making it difficult to know what support to offer. This easy-to-read guide presents all the vital information on a range of eating disorders: anorexia nervosa, bulimia nervosa, selective eating, and avoidant and restrictive intake disorders. Each eating disorder is clearly defined, making it easy to draw distinctions between them. The book covers their origins, characteristics and typical development, letting teachers and parents know what signs to look out for. There is practical advice on how to help young people, strategies for overcoming common difficulties, as well as information on available treatments. Vignettes feature throughout to help teachers and parents apply knowledge to real-life situations. This is an essential resource for teachers and parents of children and young people with eating disorders.

### *Supporting Behavioural, Emotional and Social Difficulties in School* - Victor Allen 2020-07-22

Teachers need to be equipped not only to teach, but also to help build mental security and wellbeing into the lives of young people and children. *Supporting Behavioural, Emotional and Social Difficulties in School* provides practical, relevant and proven strategies and constructive advice in order to guide teachers in this endeavour, helping them to both understand and overcome the difficulties and generational changes faced by young people and children. Containing information on topics such as classroom strategies for common issues; first impressions; and how to deal with adults, leadership and tasks such as school trips, this volume presents tried and tested strategies and

shares the author's knowledge when it comes to working in all types of schools, including primary, secondary, and pupil referral units. Not only exploring the strategies, this book also examines the reasons why a situation has arisen, and, for each piece of advice, offers an explanation for why it will work and how it affects our sense of coherence. The book also includes a short introduction to brain development at various ages, exploring the implications for children as they grow and mature, as well as examining how teachers can work with and help children through these developmental stages, assisting teachers in understanding the factors to be aware of when helping students and children develop mental security. Consolidating an understanding of mental and emotional health issues within children and young people, knowledge about cognitive brain development, and advice on what teachers can do in their classroom to make a difference, this book is essential reading for all teachers.

### [A Brief Introduction to A Philosophy of Music and Music Education as Social Praxis](#) - Thomas A. Regelski 2015-12-07

*Music and Music Education as Social Praxis* is a brief introduction to a praxial theory of music education, defined by author. It is grounded in an interdisciplinary approach, for undergraduate and graduate students in music education. Drawing upon scholarship from a range of disciplines, including philosophy and sociology, the book emphasizes and highlights thinking of music as an active social practice and offers an alternative to existing approaches to music education. This text advocates for an alternative approach to teaching music, rooted in the social practice of music, and will supplement Foundations or Methods courses in the Music Education curriculum.

### [Infrastructure Asset Management with Power System Applications](#) - Lina Bertling Tjernberg 2018-03-29

*Infrastructure Asset Management with Power System Applications* is about infrastructure asset management, which can be expressed as the combination of management, financial, economic, and engineering, applied to physical assets with the objective of providing the required level of service in the most cost-

effective manner. It includes management of the whole lifecycle of a physical asset from design, construction, commission, operation, maintenance, modification, decommissioning, and disposal. It covers budget issues and focuses on asset management of an infrastructure for energy—i.e., the electric power system. Features a comprehensive reference book providing definitions, terminology, and basic theories as well as a comprehensive set of examples from a wide range of applications for the electric power system and its components. Spans a wide range of applications for the electric power system area, including real data and pictures. Contains results from recently published research and application studies. Includes a wide range of application examples for the electric power systems area from hydro, nuclear, and wind, plus shows future trends. Contributes to the overall goals of developing a sustainable energy system by providing methods and tools for a resource efficient use of physical assets in the electric power system area.

Understanding and Supporting Young Writers from Birth to 8 - Noella Mackenzie 2017-12-14

As the world comes to grips with what it means to be literate in the twenty-first century, *Understanding and Supporting Young Writers from Birth to 8* provides practitioners with the skills and knowledge they need to support young children effectively as they learn to write. Interweaving theory and research with everyday practice, the book offers guidance on all aspects of writing, from creating multimodal texts and building children's vocabulary, to providing support for children who find writing particularly challenging. With appropriate strategies to develop young children's writing from an early age included throughout, the book discusses the role of oral language in early writing in detail and explores the key relationships between 'drawing and talking', 'drawing and writing' and 'drawing, talking and writing'. Each chapter also features samples of writing and drawing to illustrate key points, as well as reflective questions to help the reader apply ideas in their own settings. Further topics covered include: progressions in children's writing in the pre-school years; developing authorial skills; developing editorial skills; teaching writing to EAL learners.

*Understanding and Supporting Young Writers from Birth to 8* is a unique resource that will help early childhood educators, early years school teachers, specialist practitioners working with very young children, and students enrolled in Early Childhood or Primary Studies courses to boost their confidence in teaching young learners as they become writers.

Development of Clinical Decision Support Systems using Bayesian Networks - Mario A. Cypko 2020-11-30

For the development of clinical decision support systems based on Bayesian networks, Mario A. Cypko investigates comprehensive expert models of multidisciplinary clinical treatment decisions and solves challenges in their modeling. The presented methods, models and tools are developed in close and intensive cooperation between knowledge engineers and clinicians. In the course of this study, laryngeal cancer serves as an exemplary treatment decision. The reader is guided through a development process and new opportunities for research and development are opened up: in modeling and validation of workflows, guided modeling, semi-automated modeling, advanced Bayesian networks, model-user interaction, inter-institutional modeling and quality management.

**A Short Introduction to Attachment and Attachment Disorder** - Colby Pearce 2009

This book presents a short and accessible introduction to what 'attachment' means and how to recognise attachment disorders in children. The author explains how complex problems in childhood may stem from the parent-child relationship during a child's early formative years, and later from the child's engagement with the broader social world. It explores the mindset of difficult and traumatised children and the motivations behind their apparently antisocial and defensive tendencies. *A Short Introduction to Attachment and Attachment Disorder* includes case vignettes to illustrate examples, and offers a comprehensive set of tried-and-tested practical strategies for parents, carers and practitioners in supportive roles caring for children.

**Knowledge** - Jennifer Nagel 2014

What is knowledge? Is it the same as opinion or truth? Do you need to be able to justify a claim

in order to count as knowing it? How can we know that the outer world is real and not a dream? Questions like these have existed since ancient times, and the branch of philosophy dedicated to answering them - epistemology - has been active for thousands of years. In this thought-provoking Very Short Introduction, Jennifer Nagel considers the central problems and paradoxes in the theory of knowledge and draws attention to the ways in which philosophers and theorists have responded to them. By exploring the relationship between knowledge and truth, and considering the problem of scepticism, Nagel introduces a series of influential historical and contemporary theories of knowledge, incorporating methods from logic, linguistics, and psychology, using a number of everyday examples to demonstrate the key issues and debates. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

**A Short and Plain Instruction for the better understanding of the Lord's Supper; to which is annexed the office of the holy Communion, with proper helps and directions for joining in every part thereof with understanding and benefit** - Thomas Wilson 1866

**Molecules: A Very Short Introduction** - Philip Ball 2003-11-27

The processes in a single living cell are akin to that of a city teeming with molecular inhabitants that move, communicate, cooperate, and compete. In this Very Short Introduction, Philip Ball explores the role of the molecule in and around us - how, for example, a single fertilized egg can grow into a multi-celled Mozart, what makes spider's silk insoluble in the morning dew, and how this molecular dynamism is being captured in the laboratory, promising to reinvent chemistry as the central creative science of the century. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every

subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

**How Students Learn** - National Research Council 2005-01-28

How Students Learn: Science in the Classroom builds on the discoveries detailed in the best-selling How People Learn. Now these findings are presented in a way that teachers can use immediately, to revitalize their work in the classroom for even greater effectiveness. Organized for utility, the book explores how the principles of learning can be applied in science at three levels: elementary, middle, and high school. Leading educators explain in detail how they developed successful curricula and teaching approaches, presenting strategies that serve as models for curriculum development and classroom instruction. Their recounting of personal teaching experiences lends strength and warmth to this volume. This book discusses how to build straightforward science experiments into true understanding of scientific principles. It also features illustrated suggestions for classroom activities.

**A Short Introduction to Promoting Resilience in Children** - Colby Pearce 2011

'In his clear and accessible style, Colby Pearce defines the value and significance of resilience as an essential aspect of psychological survival. He traces the origins of resilience in the early relationships which shape our emotional and social development and describes processes and responses that enhance resilience for children who have had a less than adequate start in life. This is a valuable book for anyone involved in children's emotional well-being, from parents and community to schools and policy makers.' - Heather Geddes, Educational Psychotherapist and author of Attachment in the Classroom This is a short, accessible guide to promoting resilience in children. Resilience helps children to cope with adversity and 'stand on their own two feet', which can be crucial to their development, well-being, and future independence and success in adulthood. The author covers three key factors that affect resiliency: vulnerability to stress and anxiety,

attachment relationships and access to basic needs. For each, the author gives practical advice and strategies, such as how to regulate children's stress and anxiety, how to encourage and maintain secure attachments, and how to assure children that their needs are understood and will be met. The model presented will help parents and carers ensure their children grow up happy, healthy and resilient. This book will be invaluable for parents, carers and practitioners in supportive roles caring for children. JKP Short Introductions JKP Short Introductions are the perfect starting point for any parent or professional who is caring for children or young people. Covering a range of key issues relating to mental health and well-being, these clear and easy-to-read books are packed with practical advice, tips and real-life examples. They are ideal for anyone working to help children to overcome problems and to develop healthy, happy and confident lives.

*Martin Luther: A Very Short Introduction* - Scott H. Hendrix 2010-10-21

When Martin Luther posted his Ninety-Five Theses (reputedly nailed to the door of the Castle Church in Wittenberg), he unwittingly launch a movement that would dramatically change the course of European history. This superb short introduction to Martin Luther, written by a leading authority on Luther and the Reformation, presents this pivotal figure as historians now see him. Instead of singling him out as a modern hero, historian Scott Hendrix emphasizes the context in which Luther worked, the colleagues who supported him, and the opponents who adamantly opposed his agenda for change. The author explains the religious reformation and Luther's importance without ignoring the political and cultural forces, like princely power and Islam, which led the reformation down paths Luther could neither foresee nor influence. The book pays tribute to Luther's genius but also recognizes the self-righteous attitude that alienated contemporaries. The author offers a unique explanation for that attitude and for Luther's anti-Jewish writings, which are especially hard to comprehend after the Holocaust.

**Understanding Teaching and Learning in Primary Education** - Mike Carroll 2014-03-29  
This textbook supports your initial teacher

education by providing guidance and insight into the professional knowledge and understanding, skills and abilities, and values and commitments necessary in order to succeed in the primary classroom. Coverage includes: View from practice boxes in every chapter exploring real-life examples of intelligent and engaging teaching in schools Thinking points and reflective questions challenging you to engage critically with what you have read and apply it to your own teaching Links to further reading connecting you to specialised literature on every chapter topic Clear discussion of education policy differences across the UK. Mike Carroll is the PGDE (Primary and Secondary) Programme Leader and Director of the MEd Professional Learning and Enquiry programme in the School of Education, University of Glasgow. Margaret McCulloch is a University Teacher within the School of Education, University of Glasgow. [African History: A Very Short Introduction](#) - John Parker 2007-03-22

Essential reading for anyone interested in the African continent and the diversity of human history, this Very Short Introduction looks at Africa's past and reflects on the changing ways it has been imagined and represented. Key themes in current thinking about Africa's history are illustrated with a range of fascinating historical examples, drawn from over 5 millennia across this vast continent. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

*Hidden Self-Harm* - Maggie Turp 2002-11-10  
This practical and accessible book of case studies takes a new look at self-harm, focusing particularly on the under-explored area of 'hidden' self-harming behaviour. These behaviours may not be immediately identifiable as self-harm by counsellors, therapists or their clients, but Maggie Turp shows how recognition and understanding of hidden self-harm can improve practice with those affected. The author begins by discussing extracts from infant observation studies that reflect on the role of

maternal care in encouraging the tendency towards self-care. A series of detailed case studies follows, including a client who has a serious eating disorder, a client who abuses recreational drugs, works excessively to the detriment of his mental and physical health and sustains a series of unconsciously invited 'accidents', and one caught up in 'self-harm by omission', who fails to 'take care' and delays seeking vital medical care. The clinical accounts highlight the importance of attending to the client as a whole person and of building on the self-caring tendency that has prompted him or her to seek help in the form of counselling or psychotherapy. Written from a psychoanalytic perspective, but using straightforward language, *Hidden Self-Harm* is a valuable resource for social workers, psychologists, teachers, nurses and lay helpers as well as for counsellors and psychotherapists.

**Stars: A Very Short Introduction** - Andrew King 2012-07-26

Every atom of our bodies has been part of a star. Our very own star, the Sun, is crucial to the development and sustainability of life on Earth. This Very Short Introduction presents a modern, authoritative examination of how stars live, producing all the chemical elements beyond helium, and how they die, sometimes spectacularly, to end as remnants such as black holes. Andrew King shows how understanding the stars is key to understanding the galaxies they inhabit, and thus the history of our entire Universe, as well as the existence of planets like our own. King presents a fascinating exploration of the science of stars, from the mechanisms that allow stars to form and the processes that allow them to shine, as well as the results of their inevitable death. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

**Anxiety: A Very Short Introduction** - Daniel Freeman 2012-05-31

Are we born with our fears or do we learn them? Why do our fears persist? What purpose does

anxiety serve? In this Very Short Introduction we discover what anxiety is, what causes it, and how it can be treated. Looking at six major anxiety disorders, the authors introduce us to this most ubiquitous and essential of emotions. [Psychology: A Very Short Introduction](#) - Gillian Butler 2014-01-23

Psychology is part of everyone's experience: it influences the way we think about everything from education and intelligence, to relationships and emotions, advertising and criminality. People readily behave as amateur psychologists, offering explanations for what people think, feel, and do. But what exactly are psychologists trying to do? What scientific grounding do they have for their approach? This Very Short Introduction explores some of psychology's leading ideas and their practical relevance. In this new edition, Gillian Butler and Freda McManus explore a variety of new topics and ways of studying the brain. Until recently it was not possible to study the living human brain directly, so psychologists studied our behaviour, and used their observations to derive hypotheses about what was going on inside. Now - through neuroscience - our knowledge of the workings of the brain has increased and improved technology provides us with a scientific basis on which to understand the structure and workings of the brain, and allows brain activity to be observed and measured. Exploring some of the most important advances and developments in psychology - from evolutionary psychology and issues surrounding adolescence and aggression to cognitive psychology - this is a stimulating introduction for anyone interested in understanding the human mind. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

**Understanding .NET** - David Chappell 2002  
Discusses how .NET technologies work and how they can be used, covering topics including Web services technologies, SOAP, CLR, Visual Basic.NET, the .NET framework class library, ADO.NET and ASP.NET.

## **A Short Introduction to Helping Young People Manage Anxiety** - Carol Fitzpatrick

2015-02-21

Anxiety is an increasingly common problem in young people, but there are many different causes and types, and it can be difficult to know where to start in order to understand it and know how best to help. This easy-to-read guide provides information about the different types of anxiety and why some young people experience anxiety, and is full of advice and tips on how to help and support young people. As well as common types of anxiety such as generalised anxiety disorder and social anxiety disorder, it also covers issues or disorders that can occur alongside anxiety such as depression, self-harm and obsessive compulsive disorder. Case studies feature throughout the book to illustrate real-life situations, and the book includes self-help tips for young people to help them manage their anxiety. This is an ideal short introduction to anxiety in young people, and how to help and support young people to manage and cope with anxiety.

**A Short and Plain Instruction for the Better Understanding of the Lord's Supper; with the Necessary Preparation Required; for the Benefit of Young Communicants, ... The Thirty-fifth Edition, Corrected** - Thomas Wilson 1812

**Parenting Matters** - National Academies of Sciences, Engineering, and Medicine 2016-11-21  
Decades of research have demonstrated that the parent-child dyad and the environment of the family "which includes all primary caregivers" are at the foundation of children's well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to

parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

*A Little Guide for Teachers: Supporting Behaviour in the Classroom* - Fintan O'Regan 2020-09-30

Little Guide for Teachers: Supporting Behaviour in the Classroom inspires you to rethink how you manage behaviour. Using the authors' tried and tested approach, this book encourages you to manage mood as a preventative strategy for disruptive behaviour. The Little Guide for Teachers series is little in size but BIG on all the support and inspiration you need to navigate your day to day life as a teacher. · Authored by experts in the field · Easy to dip in-and-out of · Interactive activities encourage you to write into the book and make it your own · Fun engaging illustrations throughout · Read in an afternoon or take as long as you like with it!

[Education: A Very Short Introduction](#) - Gary Thomas 2013-03-28

From the schools of ancient times to the present day, Gary Thomas explores how and why education has evolved as it has. Examining education worldwide, he explains the way schools work, noting how curricula are remarkably consistent around the world. Delving into some of the big questions, Thomas explores the history of education in this Very Short Introduction. Considering various styles such as progressive versus formal, he also explores the ideas of some of the big theorists, including Piaget and Vygotsky. Looking at different forms of education and styles of teaching, he considers the ways in which education is being improved by matching styles of learning to teaching, and ensuring that schools are more inclusive and meaningful for a broader range of students. He finishes by considering the ways in which education may develop over the coming century.

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**Chemisorption and Reactivity on Supported Clusters and Thin Films:** - R.M. Lambert  
2013-04-17

Heterogeneous catalysis provides the backbone of the world's chemical and oil industries. The innate complexity of practical catalytic systems suggests that useful progress should be achievable by investigating key aspects of catalysis by experimental studies on idealised model systems. Thin films and supported clusters are two promising types of model system that can be used for this purpose, since they mimic important aspects of the properties of practical dispersed catalysts. Similarly, appropriate theoretical studies of chemisorption and surface reaction clusters or extended slab systems can provide valuable information on the factors that underlie bonding and catalytic activity. This volume describes such experimental and theoretical approaches to the surface chemistry and catalytic behaviour of metals, metal oxides and metal/metal oxide systems. An introduction to the principles and

main themes of heterogeneous catalysis is followed by detailed accounts of the application of modern experimental and theoretical techniques to fundamental problems. The application of advanced experimental methods is complemented by a full description of theoretical procedures, including Hartree-Fock, density functional and similar techniques. The relative merits of the various approaches are considered and directions for future progress are indicated.

**Modern Japan: A Very Short Introduction** - Christopher Goto-Jones 2009-04-23

Japan is arguably today's most successful industrial economy, combining almost unprecedented affluence with social stability and apparent harmony. Japanese goods and cultural products are consumed all over the world, ranging from animated movies and computer games all the way through to cars, semiconductors, and management techniques. In many ways, Japan is an icon of the modern world, and yet it remains something of an enigma to many, who see it as a confusing montage of the alien and the familiar, the ancient and modern. The aim of this Very Short Introduction is to explode the myths and explore the reality of modern Japan - by taking a concise look at its history, economy, politics, and culture.

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**Statistics: A Very Short Introduction** - David J. Hand 2008-10-23

Modern statistics is very different from the dry and dusty discipline of the popular imagination. In its place is an exciting subject which uses deep theory and powerful software tools to shed light and enable understanding. And it sheds this light on all aspects of our lives, enabling astronomers to explore the origins of the universe, archaeologists to investigate ancient civilisations, governments to understand how to benefit and improve society, and businesses to learn how best to provide goods and services. Aimed at readers with no prior mathematical

knowledge, this Very Short Introduction explores and explains how statistics work, and how we can decipher them. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

### **Understanding and Supporting Professional Carers** - Janet Thomas 2006

'Understanding and Supporting Professional Carers' aids understanding of stress in health and social care professions and in related fields as well as providing an in-depth analysis of psychological processes in carers.

### Fractals: A Very Short Introduction - Kenneth Falconer 2013-09-26

Many are familiar with the beauty and ubiquity of fractal forms within nature. Unlike the study of smooth forms such as spheres, fractal geometry describes more familiar shapes and patterns, such as the complex contours of coastlines, the outlines of clouds, and the branching of trees. In this Very Short Introduction, Kenneth Falconer looks at the roots of the 'fractal revolution' that occurred in mathematics in the 20th century, presents the 'new geometry' of fractals, explains the basic concepts, and explores the wide range of applications in science, and in aspects of economics. This is essential introductory reading for students of mathematics and science, and those interested in popular science and mathematics. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

### *Emotion* - Dylan Evans 2019-09-26

Was love invented by European poets in the Middle Ages or is it part of human nature? Will winning the lottery really make you happy? Is it possible to build robots that have feelings? In this Very Short Introduction Dylan Evans

explores these and many other intriguing questions in this guide to the latest thinking about the emotions. Drawing on a wide range of scientific research, from anthropology and psychology to neuroscience and artificial intelligence, Evans takes the reader on a fascinating journey into the human heart, discussing the evolution of emotions and their biological basis, the science of happiness, and the role that emotions play in memory and decision making. Greeted by critics as a pop science classic when it was first published in 2001, the book has now been thoroughly revised and updated to incorporate new developments in our understanding of emotions, including new sections addressing the neural basis of empathy and the emotional impact of films. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

### *Catalysis with Supported Size-selected Pt Clusters* - Florian Frank Schweinberger 2013-11-01

In his thesis, Florian Schweinberger investigates the influence of the precise size of catalytically active species on reactivity. In order to do this he carries out studies both in UHV and under ambient conditions for supported, size-selected Platinum clusters (8-68 atoms). Schweinberger probed the electronic structure, adsorption properties and reactivity of two olefins on surfaces and Pt clusters in the submonolayer range. With adsorbed trichloroethene (TCE) a possible cluster-adsorbate induced change in the electronic structure, and for ethene a low-temperature, size-dependent self-/hydrogenation was observed. In a collaborative approach, Schweinberger and colleagues investigated Pt clusters under ambient pressure conditions. They characterised the clusters at the local and integral level and tested for temperature stability. Experiments in gas phase  $\beta$ -reactors and in liquid, as part of a hybrid photocatalytic system, revealed size-dependent reactivity. Overall this thesis is not only of interest for those who want to perform similar

experiments but also provides superb scientific insights for researchers in the field.

**A Short Introduction to Helping Young People Manage Anxiety** - Carol Fitzpatrick 2015

This book tells you everything you need to know about anxiety, its many causes and types, and associated disorders such as depression and self-harm. Case-studies help to show the effect of anxiety in real-life situations, and also provide useful tips and advice to help young people manage their symptoms.

**A Short Introduction to Attachment and Attachment Disorder, Second Edition** - Colby Pearce 2016-12-21

Concise and easy-to-understand, this book provides an introduction to what attachment means and how to recognise attachment

disorder in children. Colby Pearce explains how complex problems in childhood may stem from the parent-child relationship during a child's early formative years, and later from the child's engagement with the broader social world. The book explores the mind-set of difficult and traumatised children and the motivations behind their complex tendencies and behaviours. It goes on to offer a comprehensive set of tried-and-tested practical strategies that can be used with children affected by an attachment disorder. This second edition has been updated to include the new DSM-5 diagnostic criteria for Reactive Attachment Disorder and an increased number of illustrative case vignettes. This is a perfect introduction to the subject for parents, carers and practitioners in supportive roles caring for children.