

Woman Who Glows In The Dark A Curandera Reveals Traditional Aztec Secrets Of Physical And Spiritual Health

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The Naked Woman - Armonía Somers 2018-11-01

A woman's feminist awakening drives a hypocritical village to madness in rural Uruguay in this "wild, brutal paean to freedom" (NPR.org).

Shortlisted for the National Translation Award "Somers' feminism is profound, and complicated." —NPR.org "A surreal, nightmarish book about women's struggle for autonomy—and how that struggle is (always, inevitably) met with violence." —Carmen Maria Machado, author of *Her Body and Other Parties* When *The Naked Woman* was originally published in 1950, critics doubted a woman writer could be responsible for its shocking erotic content. In this searing critique of Enlightenment values, fantastic themes are juxtaposed with brutal depictions of misogyny and violence, and frantically build to a fiery conclusion. Finally available to an English-speaking audience, Armonía Somers will resonate with readers of Clarice Lispector, Djuna Barnes, and Leonora Carrington. [Curandero Hispanic Ethno-Psychotherapy & Curanderismo](#) - Antonio Noé Zavaleta Ph.D 2020-10-08

Curandero: Ethno-Psychotherapy & Curanderismo Hispanic Mental Health in the 21st Century, is the product of more than 50 years of the study of curanderismo and Hispanic mental health. In this book, Dr. Zavaleta examines curanderismo and the folk beliefs carried by immigrants across the U.S.-Mexico border. In the United States, the Hispanic population is notoriously underserved in both physical and mental health care. In *Curandero*, Dr. Zavaleta reviews the history of curanderismo, beginning with pre-Columbian populations, and traces the development of curanderismo over the past 500 years. He also examines the history and practice of psychiatry and the emergence of ethno-psychotherapy as well as psychiatry's historic failure to incorporate culture in the treatment of the mental health of Hispanic populations. Dr. Zavaleta seeks to introduce curanderismo to psychiatry with the intention of incorporating its important aspects in the treatment of Hispanic mental health.

María Sabina - María Sabina 2003-10

"María Sabina's Selected Works introduces and enhances the understanding of one of the world's most remarkable poets. Mr. Rothenberg frames her work within the larger context of 'ethnopoetics' with no academic reductionism whatsoever, a rare and indispensable service to a 'world poet' such as María Sabina. The translation of María Sabina, her 'autobiography' and her oral poetry, is exquisite, powerful, rendered with linguistic dignity."—Howard Norman "This book transmits not only a full and rich experience with one of the most extraordinary personalities and poetic voices of our time, but also a great lesson in our understanding of the relations between religious inspiration and its artistic expression. It enriches our perceptions of the nature and possibilities of oral composition, complementing what we already know of it from the study of the Homeric and other poems in its great tradition."—George Economou "María Sabina is one of the great figures of American shamanism. Her Chants is a masterpiece of indigenous visionary poetry. Her Life is the account of a woman who transcended her own culture and its material poverty to become one of the great women of the twentieth century. The veneration of her work continues beyond her death. To read her is to embark on a journey to the world of the extrasensorial."—Homero Aridjis "In the chants of María Sabina, we can appreciate the interplay of individual invention and traditional liturgy within the oral creativity of a non-literate society. The recordings of her words that have saved them from oblivion give us the opportunity to glimpse the emergence of a genius from the soil of the communal,

religious folk poetry of a native Mexican campesino people."—Henry Munn

[The Curanderx Toolkit](#) - Atava Garcia Swiecicki 2022-07-07

A practical guide to understanding and using Mexican healing traditions in everyday life Arranging ofrendas. Brewing pericón into a healing tea. Releasing traumas through baños and limpieas. Herbalist and curandera Atava Garcia Swiecicki spent decades gathering this traditional knowledge of curanderismo, Mexican folk healing, which had been marginalized as Chicana and Latina Americans assimilated to US culture. She teaches how to follow the path of the curandera, as she herself learned from apprenticing with Mexican curanderas, studying herbal texts, and listening to her ancestors. In this book readers will learn the Indigenous, African, and European roots of curanderismo. Atava also shares her personal journey as a healer and those of thirteen other inspirational curanderas serving their communities. She offers readers the tools to begin their own healing—for themselves, for their relationship with the earth, and for the people. The Curanderx Toolkit includes more than 25 profiles of native and adopted plants of Baja and Alta California and teaches you to grow, know, and love them. This book will help anyone who has lost connection with their ancestors begin to incorporate the herbal wisdom and holistic wellness of curanderismo into their lives. Take the power of ancient medicine into your own hands by learning simple herbal remedies and practicing rituals for kinship with the more-than-human world.

Woman Who Glows in the Dark - Elena Avila 2000-05-22

"An autobiographical account of how a psychiatric nurse specialist became a folk medicine healer; this also explains the origins and practice of one of the oldest forms of medicine in the New World."—Kirkus.

Captivating - John Eldredge 2011-04-17

What Wild at Heart did for men, *Captivating* is doing for women. Setting their hearts free. This groundbreaking book shows readers the glorious design of women before the fall, describes how the feminine heart can be restored, and casts a vision for the power, freedom, and beauty of a woman released to be all she was meant to be.

The Glow in the Dark Book of Ocean Creatures - Nicholas Harris 2003

Did you know that many ocean animals, from the tiniest, microscopic creatures to large fish, glow in the cold, dark waters beneath the waves? Find out about them and other amazing facts in this introduction to deep-sea life - a book that has pages you can actually read in the dark.

[Cleansing Rites of Curanderismo](#) - Erika Buenaflor 2018-07-10

A tutorial on the ancient practice of limpieas to heal the mind, body, and soul • Offers step-by-step instructions for the practice of limpieas, shamanic cleansing rituals to heal, purify, and revitalize people as well as physical spaces • Examines different types of limpia ceremonies, such as fire rites for transformation, water rites for cleansing and influencing, and sweeping rites for divination • Explores the sacred stories behind limpia rituals and traces these curanderismo practices to their indigenous roots Exploring the essential tools and practices of Mesoamerican shamans and curanderos, specifically the ancient Yukatek Maya and Mexica (Aztec), Erika Buenaflor, M.A., J.D., provides a step-by-step guide for conducting the most common practice within curanderismo: limpieas. These practical and incredibly effective shamanic cleanses heal, purify, and revitalize people and spaces with herbs, flowers, eggs, feathers, fire, and water. They are also powerful tools for self-empowerment, spiritual growth, soul retrieval, rebirth, and

gracefully opening up pathways for new beginnings. Drawing on her 20 years' experience as a curandera and her graduate studies focused on Mesoamerican shamanism, the author traces modern curanderismo practices to their indigenous roots. She explores the sacred stories behind limpia rituals and examines different types of limpia ceremonies in depth, such as fire rites for transformation, water rites for cleansing and influencing, and sweeping rites for divination. She outlines how limpias work holistically to enable one to let go and cleanse the body, mind, and spirit of limiting beliefs, traumas, and broken stories; heal acute and chronic illnesses such as depression, insomnia, and anxiety; and revitalize and activate sacred spaces by renewing their essence and clearing negative energies. She explains the healing properties of the plants used in limpia rites and how to perform the medicinal chants used by the curanderos. In addition, the author details how the practice of platicas, heart-straightening talks, supports limpia rites by encouraging one to vocalize their needs as they eject traumas and unwanted energies from the body, setting the stage for self-awareness and healing. Sharing the story of her own complete healing from a catastrophic injury with limpias as well as inspirational testimonies from others who have experienced limpias, the author provides a personal and thoroughly practical guide to the ancient shamanic method of limpias to promote healing and personal transformation in our times.

Hard-Boiled Wonderland and the End of the World - Haruki Murakami 2011-08-17

In this hyperkinetic and relentlessly inventive novel, Japan's most popular (and controversial) fiction writer hurtles into the consciousness of the West. *Hard-Boiled Wonderland and the End of the World* draws readers into a narrative particle accelerator in which a split-brained data processor, a deranged scientist, his shockingly undemure granddaughter, Lauren Bacall, Bob Dylan, and various thugs, librarians, and subterranean monsters collide to dazzling effect. What emerges is simultaneously cooler than zero and unaffectedly affecting, a hilariously funny and deeply serious meditation on the nature and uses of the mind. From the Trade Paperback edition.

Fahrenheit 451 - Ray Bradbury 2003-09-23

A totalitarian regime has ordered all books to be destroyed, but one of the book burners suddenly realizes their merit.

Woman who Glows in the Dark - Elena Avila 2000

Based on the practices of a cureander, who reveals aztec secrets of physical and spiritual health, this text is a guide guide to healing mind, body and spirit.

Lights Out, Night's Out - William Boniface 2009-09-15

When nighttime arrives, the nocturnal animals of the woods come out and experience the night, including wolves, bats, owls, and hedgehogs.

Goodnight Moon - Margaret Wise Brown 2016-11-08

In this classic of children's literature, beloved by generations of readers and listeners, the quiet poetry of the words and the gentle, lulling illustrations combine to make a perfect book for the end of the day. In a great green room, tucked away in bed, is a little bunny. "Goodnight room, goodnight moon." And to all the familiar things in the softly lit room—to the picture of the three little bears sitting on chairs, to the clocks and his socks, to the mittens and the kittens, to everything one by one—the little bunny says goodnight. One of the most beloved books of all time, *Goodnight Moon* is a must for every bookshelf and a time-honored gift for baby showers and other special events.

The Girl Who Chased the Moon - Sarah Addison Allen 2010-03-16

NEW YORK TIMES BESTSELLER • "A dusting of magic, the aroma of sugary cakes swirling through the breeze, and a girl who unwittingly brings change to a town of misfits make for a sweet summer story filled with hope and forgiveness."—Beth Hoffman, author of *Saving CeeCee*
Honeycutt Emily Benedict has come to Mullaby, North Carolina, hoping to solve at least some of the riddles surrounding her mother's life. But the moment Emily enters the house where her mother grew up and meets the grandfather she never knew, she realizes that mysteries aren't solved in Mullaby, they're a way of life: Here are rooms where the wallpaper changes to suit your mood. Unexplained lights skip across the yard at midnight. And a neighbor, Julia Winterson, bakes hope in the form of cakes, not only wishing to satisfy the town's sweet tooth but also dreaming of rekindling the love she fears might be lost forever. Can a hummingbird cake really bring back a lost love? Is there really a ghost dancing in Emily's backyard? The answers are never what you expect. But in this town of lovable misfits, the unexpected fits right in. **BONUS:** This edition contains a *The Girl Who Chased the Moon* discussion guide and an excerpt from Sarah Addison Allen's *The Peach Keeper*.

The Girl Who Could Fly - Victoria Forester 2008-06-24

You just can't keep a good girl down . . . unless you use the proper methods. Piper McCloud can fly. Just like that. Easy as pie. Sure, she hasn't mastered reverse propulsion and her turns are kind of sloppy, but she's real good at loop-the-loops. Problem is, the good folk of Lowland County are afraid of Piper. And her ma's at her wit's end. So it seems only fitting that she leave her parents' farm to attend a top-secret, maximum-security school for kids with exceptional abilities. School is great at first with a bunch of new friends whose skills range from super-strength to super-genius. (Plus all the homemade apple pie she can eat!) But Piper is special, even among the special. And there are consequences. Consequences too dire to talk about. Too crazy to consider. And too dangerous to ignore. At turns exhilarating and terrifying, Victoria Forester's debut novel has been praised by Stephenie Meyer, author of the *Twilight* saga, as "the oddest/sweetest mix of *Little House on the Prairie* and *X-Men*...Prepare to have your heart warmed." *The Girl Who Could Fly* is an unforgettable story of defiance and courage about an irrepressible heroine who can, who will, who must . . . fly. This title has Common Core connections. Praise for Victoria Forester and *The Girl Who Could Fly*: "It's the oddest/sweetest mix of *Little House on the Prairie* and *X-Men*. I was smiling the whole time (except for the part where I cried). I gave it to my mom, and I'm reading it to my kids—it's absolutely multigenerational. Prepare to have your heart warmed." Stephenie Meyer, author of the *Twilight* saga "In this terrific debut novel, readers meet Piper McCloud, the late-in-life daughter of farmers...The story soars, just like Piper, with enough loop-de-loops to keep kids uncertain about what will come next....Best of all are the book's strong, lightly wrapped messages about friendship and authenticity and the difference between doing well and doing good."--Booklist, Starred Review "Forester's disparate settings (down-home farm and futuristic ice-bunker institute) are unified by the rock-solid point of view and unpretentious diction... any child who has felt different will take strength from Piper's fight to be herself against the tide of family, church, and society."--The Horn Book Review *The Girl Who Could Fly* is a 2009 Bank Street - Best Children's Book of the Year.

The Radium Girls - Kate Moore 2017-04-18

A *New York Times*, USA Today, Wall Street Journal, and Amazon Charts Bestseller! For fans of *Hidden Figures*, comes the incredible true story of the women heroes who were exposed to radium in factories across the U.S. in the early 20th century, and their brave and groundbreaking battle to strengthen workers' rights, even as the fatal poison claimed their own lives... In the dark years of the First World War, radium makes gleaming headlines across the nation as the fresh face of beauty, and wonder drug of the medical community. From body lotion to tonic water, the popular new element shines bright. Meanwhile, hundreds of girls toil amidst the glowing dust of the radium-dial factories. The glittering chemical covers their bodies from head to toe; they light up the night like industrious fireflies. With such a coveted job, these "shining girls" are the luckiest alive — until they begin to fall mysteriously ill. And, until they begin to come forward. As the women start to speak out on the corruption, the factories that once offered golden opportunities ignore all claims of the gruesome side effects. And as the fatal poison of the radium takes hold, the brave shining girls find themselves embroiled in one of the biggest scandals of America's early 20th century, and in a groundbreaking battle for workers' rights that will echo for centuries to come. A timely story of corporate greed and the brave figures that stood up to fight for their lives, these women and their voices will shine for years to come. Written with a sparkling voice and breakneck pace, *The Radium Girls* fully illuminates the inspiring young women exposed to the "wonder" substance of radium, and their awe-inspiring strength in the face of almost impossible circumstances. Their courage and tenacity led to life-changing regulations, research into nuclear bombing, and ultimately saved hundreds of thousands of lives...

Incarceron - Catherine Fisher 2011-02-08

Incarceron is a prison so vast that it contains not only cells and corridors, but metal forests, dilapidated cities, and wilderness. It has been sealed for centuries, and only one man has ever escaped. Finn has always been a prisoner here. Although he has no memory of his childhood, he is sure he came from Outside. His link to the Outside, his chance to break free, is Claudia, the warden's daughter, herself determined to escape an arranged marriage. They are up against impossible odds, but one thing looms above all: *Incarceron* itself is alive . . .

Animals at Night - Anne Jankeliowitch 2017

"A glow-in-the-dark reference book that helps the reader learn about nocturnal animals. What hides in the deep darkness of the night under the starry sky? What does the light of the moon shine upon? At night, we

can see their glowing eyes in the dark. But, what are they? Easy: they are nocturnal animals! The bonus of this book: thanks to a phosphorescent system of glow-in-the-dark images, the reader sees different elements appear such as animals, stars, lights, and other background features."--

Curandero Conversations - Antonio Zavaleta 2009

"The University of Texas at Brownsville and Texas Southmost College"--T.p.

They All Want Magic - Elizabeth de la Portilla 2009

Elizabeth de la Portilla writes of the world and practices of San Antonio curanderas. As a scholar, an ethnographer, and a curandera in training, her parallel perspectives uniquely aid readers in understanding this subordinated culture. Retelling the stories various healers have shared, interpreting their answers to her probing questions, and describing the herbs and recipes they use in their arts, the author vividly illuminates the borderland context of San Antonio.

The Shining Girls - Lauren Beukes 2013-04-25

The jaw-dropping, page-turning, critically-acclaimed book of the year: a serial-killer thriller unlike any other from the award-winning Lauren Beukes. 'GONE GIRL has not exactly gone. But THE SHINING GIRLS have arrived' (The Times).

Life Glows On - Claire Cook

"Dust off those what-ifs and get ready to glow on."—Book Perfume "This is exactly the book I needed right now."—Looking on the Sunnyside "Filled with inspiring quotes and strategies."—New York Journal of Books Packed with fun ideas and solid, practical strategies for reconnecting with your creativity and making the rest of your life the best of your life. Ditch all those worries about getting older and embrace what can be the most vibrant and empowering chapter of your life. Equal parts creativity guide, mood boost, midlife manifesto, self-help salve, and breath of fresh air. 100% witty, wise and generous Claire Cook, who shares everything she's learned on her own journey that might help you in yours. Filled with great stories and insider tips. If you're a forty-to-forever woman who's interested in making your life glow on, don't miss this inspiring and motivating book. "Whether you're a writer, artist, or crafter in need of a boost, or someone who (incorrectly!) tells yourself you're not creative (you are!), this book is a much-needed balm to the soul."—Book Perfume "It's a how-to 'Cook-book' filled with wonderful ideas to help you locate that spark and use that new-found innate creativity to keep yourself busy, productive—and happy—during difficult times like pandemic shutdowns and post-shutdowns."—Pamela Kramer "From one reader to another, you can never go wrong reading one of Claire Cook's books."—Vicky G. "Life Glows On gave me the encouragement I needed when I desperately needed it. I don't usually read nonfiction, but the great stories make this book feel as if you're reading a novel."—Donna H. "[Cook's] poignancy and sassy humor resonate with readers; her theme of reinvention uplifts and inspires."—Savannah Magazine "A beach tote couldn't ask for more."—Kirkus "Claire Cook has an original voice, sparkling style, and a window into family life that will make you laugh and cry."—Adriana Trigiani "Charming, engagingly quirky, and full of fun, Claire Cook just gets it."—Meg Cabot "Claire Cook is wicked good."—Jacquelyn Mitchard "Cook's humor and narrative execution are impeccable."—Publishers Weekly "Cook has a light, fun voice and always infuses her stories with great wit and heart."—Cape Cod Times "Cook's penchant for hitting the emotional sore spot and combining it with humor hits the mark."—New York Journal of Books "It is never too late to find your place in the world."—San Francisco Book Review

Below the Edge of Darkness - Edith Widder 2021-08-03

An exhilarating underwater exploration for readers wanting to recapture their sense of wonder

Woman who Glows in the Dark - Elena Avila 1999

So We Can Glow - Leesa Cross-Smith 2020-03-10

ONE OF NPR'S BEST BOOKS OF 2020 LONGLISTED FOR THE 2021 JOYCE CAROL OATES PRIZE A lush, glittering short story collection exploring female obsession and desire by an award-winning author Roxane Gay calls "a consummate storyteller." From Kentucky to the California desert, these forty-two short stories -- ranging from the 80's and 90's to present day -- expose the hearts of girls and women in moments of obsessive desire and fantasy, wildness and bad behavior, brokenness and fearlessness, and more. On a hot July night, teenage girls sneak out of the house to meet their boyfriends by the train tracks. Members of a cult form an unsettling chorus as they proclaim their adoration for the same man. A woman luxuriates in a fantasy getaway to escape her past. A love story begins over cabbages in a grocery store,

and a laundress's life is consumed by her obsession with a baseball star. After the death of a sister, two high school friends kiss all night and binge-watch Winona Ryder movies. Leesa Cross-Smith's sensuous stories -- some long, some gone in a flash, some told over text and emails -- drench readers in nostalgia for summer nights and sultry days. They recall the intense friendships of teenage girls and the innate bonds between mothers, the first heady rush of desire, and the pure exhilaration of womanhood, all while holding up the wild souls of women so they can catch the light.

The Book of Lies - Aleister Crowley 2018-01-23

Aleister Crowley's *The Book of Lies* is an important and complex work of occultism. Deciphering its many layers of hidden meaning requires a little patience and more than a beginner's knowledge of Thelema. For those interested in passing beyond the initiate stage, the reward offered by a deeper understanding of this challenging text is well worth the effort. This new 2018 edition of *The Book of Lies* from Kismet Publishing restores all of Crowley's original text, including the important keys, sigils and diagrams often omitted from reprints.

Curanderismo - Robert T. Trotter 2011-03-15

The practice of curanderismo, or Mexican American folk medicine, is part of a historically and culturally important health care system deeply rooted in native Mexican healing techniques. This is the first book to describe the practice from an insider's point of view, based on the authors' three-year apprenticeships with curanderos (healers). Robert T. Trotter and Juan Antonio Chavira present an intimate view of not only how curanderismo is practiced but also how it is learned and passed on as a healing tradition. By providing a better understanding of why curanderos continue to be in demand despite the lifesaving capabilities of modern medicine, this text will serve as an indispensable resource to health professionals who work within Mexican American communities, to students of transcultural medicine, and to urban ethnologists and medical anthropologists.

Medicine Women, Curanderas, and Women Doctors - Bobette Perrone 2012-11-15

The stories of ten women healers form the core of this provocative journey into cultural healing methods utilized by women. In a truly grass-roots project, the authors take the reader along to listen to the voices of Native American medicine women, Southwest Hispanic curanderas, and women physicians as they describe their healing paths. This book will fascinate anyone interested in the relationship between illness and healing-medical practitioners and historians, patients, anthropologists, feminists, psychologists, psychiatrists, theologians, sociologists, folklorists, and others who seek understanding about our relationship to the forces of both illness and healing.

Haunted - Chuck Palahniuk 2005-05-03

Haunted is a novel made up of twenty-three horrifying, hilarious, and stomach-churning stories. They're told by people who have answered an ad for a writer's retreat and unwittingly joined a "Survivor"-like scenario where the host withholds heat, power, and food. As the storytellers grow more desperate, their tales become more extreme, and they ruthlessly plot to make themselves the hero of the reality show that will surely be made from their plight. This is one of the most disturbing and outrageous books you'll ever read, one that could only come from the mind of Chuck Palahniuk.

Glow-In-The-Dark Constellations - C. E. Thompson 1999-01-25

An innovative guide filled with glow-in-the-dark illustrations aids youngsters in locating more than thirty stars and star groups

Push - Sapphire 2009

A courageous and determined young teacher opens up a new world of hope and redemption for sixteen-year-old Precious Jones, an abused young African American girl living in Harlem who was raped and left pregnant by her father.

The Radium Girls: Young Readers' Edition - Kate Moore 2020-09-08

Explore the unbelievable true story of America's glowing girls and their fight for justice in the young readers edition of the New York Times and USA Today bestseller *The Radium Girls*. This enthralling new edition includes all-new material, including a glossary, timeline, and dozens of bonus photos. Amid the excitement of the early twentieth century, hundreds of young women spend their days hard at work painting watch dials with glow-in-the-dark radium paint. The painters consider themselves lucky—until they start suffering from a mysterious illness. As the corporations try to cover up a shocking secret, these shining girls suddenly find themselves at the center of a deadly scandal. *The Radium Girls: Young Readers Edition* tells the unbelievable true story of these incredible women, whose determination to fight back saved countless

lives. This new edition of the national bestseller is perfect for: Educators looking for history books for kids ages 9 to 12, nonfiction books for kids, biographies for kids, and real stories around the industrial revolution, chemistry, and science Parents, educators, and librarians looking for stories about strong women, inspiring books for girls, childrens books about women in history, and famous women books for girls Young readers who want to read one of the most inspiring and shocking narratives of the early 20th century

Forest of Souls - Lori M. Lee 2020-06-23

Danger lurks within the roots of *Forest of Souls*, an epic, unrelenting tale of destiny and sisterhood, perfect for fans of Naomi Novik and Susan Dennard. "A tantalizing beginning to a rich new fantasy series." —Traci Chee, NYT bestselling author of *The Reader* trilogy "Absolutely enchanting." - Natalie C. Parker, author of *Seafire* "You won't want to escape." - Sarah Henning, author of *the Sea Witch* "Will leave you shouting sisters unite!" - Mindee Arnett, author of *Onyx & Ivory* and *Avalon* *Sirscha Ashwyn* comes from nothing, but she's intent on becoming something. After years of training to become the queen's next royal spy, her plans are derailed when shamans attack and kill her best friend Saengo. And then *Sirscha*, somehow, restores Saengo to life. Unveiled as the first soulguide in living memory, *Sirscha* is summoned to the domain of the Spider King. For centuries, he has used his influence over the Dead Wood—an ancient forest possessed by souls—to enforce peace between the kingdoms. Now, with the trees growing wild and untamed, only a soulguide can restrain them. As war looms, *Sirscha* must master her newly awakened abilities before the trees shatter the brittle peace, or worse, claim Saengo, the friend she would die for.

Glow in the Dark - Kanye West 2011-09-27

Photographs from Kanye West's *Glow in the dark* tour. CD tracks are remixes from previously released albums remastered specifically for the tour. CD also includes interview with tour collaborator Spike Jonze.

Sacred Woman: 84 Day Healing Journal - Queen Afua 2016-04-22

A 84 Day Journal for Body, Mind & Spirit.

Voices from the Ancestors - Lara Medina 2019-10-08

Voices from the Ancestors brings together the reflective writings and spiritual practices of Xicanx, Latinx, and Afro-Latinx womxn and male allies in the United States who seek to heal from the historical traumas of colonization by returning to ancestral traditions and knowledge. This wisdom is based on the authors' oral traditions, research, intuitions, and lived experiences—wisdom inspired by, and created from, personal trajectories on the path to spiritual *conocimiento*, or inner spiritual inquiry. This *conocimiento* has reemerged over the last fifty years as efforts to decolonize lives, minds, spirits, and bodies have advanced. Yet this knowledge goes back many generations to the time when the ancestors understood their interconnectedness with each other, with nature, and with the sacred cosmic forces—a time when the human body was a microcosm of the universe. Reclaiming and reconstructing spirituality based on non-Western epistemologies is central to the process of decolonization, particularly in these fraught times. The wisdom offered here appears in a variety of forms—in reflective essays, poetry, prayers, specific guidelines for healing practices, communal rituals, and visual art, all meant to address life transitions and how to live holistically and with a spiritual consciousness for the challenges of the twenty-first century.

Glow - Megan E. Bryant 2017-09-01

Kirkus Reviews Best Books of 2017 Selection Lydia is thrilled to join the working girls in the factory, where they paint luminous watch dials for the soldiers fighting in World War I. In the future, these girls will be known as the tragic Radium Girls: factory workers not only poisoned by the glowing paint, but who also had to fight against men who knew of the paint's deadly effect. One hundred years later, Julie, whose life is on hold after high school, becomes intrigued by a series of mysterious antique paintings she finds in a thrift store. When she discovers their hidden-and increasingly nightmarish-glowing images, Julie is determined to learn more about them. As Julie's obsession mounts, truths about the Radium Girls-and her own complicated relationships-are revealed. Can she uncover the secrets behind the paintings before she puts herself and everyone she loves at risk?

Deep in Providence - Riss M. Neilson 2022-05-31

"Haunting, intimate, and beautifully told: a magical debut novel from a writer to watch." —Emily M. Danforth, national bestselling and award-winning author of *The Miseducation of Cameron Post* A spellbinding young adult fantasy debut following three best friends who turn to magic when they're haunted by a friend's death...and perhaps her spirit, combining the atmospheric thrills of *The Hazel Wood* with the nuanced realism of Erika L. Sanchez. For best friends Miliani, Inez, Natalie and Jasmine, Providence, Rhode Island has a magic of its own. From the bodegas and late-night food trucks on Broad Street to The Hill that watches over the city, every corner of Providence glows with memories of them practicing spells, mixing up potions and doing séances with the help of the magic Miliani's Filipino grandfather taught her. But when Jasmine is killed by a drunk driver, the world they have always known is left haunted by grief...and Jasmine's lingering spirit. Determined to bring her back, the surviving friends band together, testing the limits of their magic and everything they know about life, death, and each other. And as their plan to resurrect Jasmine grows darker and more demanding than they imagined, their separate lives begin to splinter the bonds they depend on, revealing buried secrets that threaten the people they care about most. Miliani, Inez and Natalie will have to rely on more than just their mystical abilities to find the light. Thrilling and absorbing, *Deep in Providence* is a story of profound yearning, and what happens when three teen girls are finally given the power to go after what they want. "Magic runs like a glittering thread through this densely woven tale of friendship, grief, and identity, and what begins as a backbeat of creeping dread deftly builds into a landscape of supernatural terrors. Neilson balances her page-turning fantasy narrative against the coming of age of a trio of bereaved best friends with grace, delicacy, and startling humanity." —Melissa Albert, New York Times-bestselling author of the *Hazel Wood* series and *Our Crooked Hearts*

Not Even Bones - Rebecca Schaeffer 2018-09-04

"Twisty, grisly, genre-bending and immersive, *Not Even Bones* will grab you by the throat and drag you along as it gleefully tramples all of your expectations." —Sara Holland, New York Times best-selling author of *Everless* *Dexter* meets *This Savage Song* in this dark fantasy about a girl who sells magical body parts on the black market—until she's betrayed. Nita doesn't murder supernatural beings and sell their body parts on the internet—her mother does that. Nita just dissects the bodies after they've been "acquired." Until her mom brings home a live specimen and Nita decides she wants out; dissecting a scared teenage boy is a step too far. But when she decides to save her mother's victim, she ends up sold in his place—because Nita herself isn't exactly "human." She has the ability to alter her biology, a talent that is priceless on the black market. Now on the other side of the bars, if she wants to escape, Nita must ask herself if she's willing to become the worst kind of monster. Now available as a Webtoon!

Girl in Pieces - Kathleen Glasgow 2018-04-10

Fans of *Girl, Interrupted*, *Thirteen Reasons Why*, and *All the Bright Places* will love this New York Times bestseller. "A haunting, beautiful, and necessary book that will stay with you long after you've read the last page."—Nicola Yoon, #1 New York Times bestselling author of *Everything, Everything* and *The Sun Is Also a Star* *Charlotte Davis* is in pieces. At seventeen she's already lost more than most people do in a lifetime. But she's learned how to forget. The broken glass washes away the sorrow until there is nothing but calm. You don't have to think about your father and the river. Your best friend, who is gone forever. Or your mother, who has nothing left to give you. Every new scar hardens *Charlie's* heart just a little more, yet it still hurts so much. It hurts enough to not care anymore, which is sometimes what has to happen before you can find your way back from the edge. A deeply moving portrait of a girl in a world that owes her nothing, and has taken so much, and the journey she undergoes to put herself back together. Kathleen Glasgow's debut is heartbreakingly real and unflinchingly honest. It's a story you won't be able to look away from. And don't miss Kathleen Glasgow's novels *You'd Be Home Now* and *How to Make Friends with the Dark*, both raw and powerful stories of life.